



Weare in the World

For Weare Residents, By Weare Residents

October 12, 2022

BOS Accepts Unanticipated Funds For Highway Grant and Bridge Aid

By Tom Clow

Following a public hearing on Sept. 26, the Weare Board of Selectmen voted to accept \$566,342 in unanticipated revenue. The funds, which were appropriated as part of 2022 N.H. Senate Bill 401, were broken into two parts: an additional highway block grant of \$239,376 and additional municipal bridge aid in the amount of \$326,966. According to the text of SB401, these funds are non-lapsing, which means they do not have to be expended in the current fiscal year.

Part of the discussion at the public hearing centered around whether the funds could be used to help offset the local tax rate. Town Administrator Naomi Bolton said that the funds were meant to supplement, not supplant, local funding. The text of NH SB401 bears this out. Paragraph one states that no funds appropriated under this section shall be used to supplant locally budgeted and approved funds for bridge maintenance or construction. Similarly, paragraph two states that no funds appropriated under this section shall be used to supplant locally budgeted and approved funds for road maintenance or construction. According to Finance Administrator Beth Rouse, the funds will be deposited in the town's general fund and designated as committed, meaning they cannot be used for any other purpose.

Investment in Road Preservation

Roads and bridges have been in the forefront of discussions during budget season for many years, and related warrant articles have generally been supported by the public. In 2019, voters approved a \$2.5 million bond for the preservation and rehabilitation of the town's paved roads. Prior to bringing the warrant article before voters, Weare Department of Public Works Director Benji Knapp and Capital Improvement Planning Committee Chairman Jack Dearborn drove every paved road in town and classified them as green (in good shape), red (in need of total reconstruction) or one of three levels of yellow (salvageable but in need of varying degrees of

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CENTER WOODS ELEMENTARY & WEARE MIDDLE SCHOOL
WITH THE WEARE PTO & WEARE PUBLIC LIBRARY
PRESENT

Weare Fall Festival

TRUNK OR
TREAT

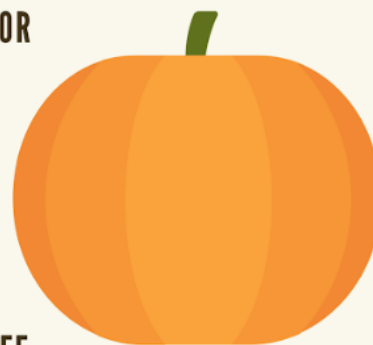
GAMES
& FOOD

CHILI
COOK-OFF

SILENT
AUCTION

FACE
PAINT

CRAFT
VENDORS



OCTOBER 29, 2022 @ WMS

\$8 WRISTBANDS FOR UNLIMITED GAMES & MOVIE!

FREE TRUNK OR TREAT 3-6

CHILI COOK-OFF & SILENT AUCTION 3-5

\$2 OUTDOOR VIEWING OF HOCUS POCUS 6:30-8:30

Wristbands will be sold on the day of the event. To join the chili cook-off, e-mail: brittany.philbert@sau24.org.



"Talk" To Us
Elderly Anecdote

Deadline-Oct 21

Weareintheworldnews@

Gmail.com

October 1st is

International Elderly Day

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rehabilitation to save them). The purpose of the bond was to invest in the preservation of those roads in the yellow areas before they deteriorated to red.

Bruce Davis, of All State's Asphalt, a speaker at the 2019 Deliberative Session, estimated the cost to totally rebuild one mile of road once it was beyond repair at \$225,000. He also said that Weare is the second largest town in the state, street-wise, and estimated the value of Weare's road network at approximately \$27,540,000. Davis's statements are recorded in the minutes of the 2019 Deliberative Session. According to Knapp, Weare has about 75 miles of paved roads.

Red-Listed Bridges

With three red-listed bridges in Weare, additional bridge aid arrives at an opportune time. Following a temporary repair to the River Road bridge in North Weare, voters approved the establishment of a Bridge Reconstruction Capital Reserve Fund in 2017 and placed \$105,000 in that fund. For the next three years, voters approved adding a like amount, bringing the total in that fund to over \$420,000, including earnings on the deposit. This year, the state again placed weight restrictions on the River Road bridge, limiting it to five tons. At the Weare Board of Selectmen meeting on Sept. 26, Knapp reviewed the repair and replacement options for that bridge.

One option, he said, would be to purchase a temporary bridge and wait for state funding, which would not be available until at least 2026 or 2027, and then only if the state were willing to put the River Road bridge on its list in place of the Lull Road bridge – a much smaller project. Instead, Knapp is recommending bypassing the state funding and doing a permanent fix using town funds. A survey of the area has been completed, and he is recommending preparing a proposal for the spring. The third red-listed bridge in Weare is on Old Frankestown Road, which like Lull Road, is a much smaller project, both are presently large culverts.

Transfer Station Fees

Prior to the discussion of unanticipated revenue, selectmen held a public hearing on changes to fees at the Weare Transfer Station. Most of the changes relate to commercial haulers and construction debris. The fee for disposing of a mattress was increased to \$16. A complete list of the updated fees can be found on the town website: www.weare.nh.gov.

New Weare Town Clerk Hours

Changes effective Oct. 28

Monday, Tuesday and Friday: 7:30 a.m. - 4:30 p.m.

Wednesday: 8 a.m. - 7 p.m. Thursday: closed.

CIP Committee Hears Requests For 2023 Capital Expenditures

By Tom Clow

Capital Improvement Program (CIP) Committee meetings held on Sept. 28 and Oct. 5 marked the beginning of the town's budgeting process for the 2023 fiscal year. The CIP, which is a subcommittee of the Weare Planning Board, is charged with reviewing all requests for capital expenditures of \$15,000 or more brought forth by departments or committees. The requests usually include vehicle or equipment purchases, major improvements to the buildings or grounds and highway projects.

After hearing all requests, the CIP prioritizes the projects by urgency and prepares a report that first goes to the planning board for its approval and then to the board of selectmen, where it forms the basis for warrant articles voted on in March.

At the Sept. 28 meeting, Denise Purington, representing the Weare Parks and Recreation Commission, introduced a proposal to replace the town tennis courts. The request calls for establishing a capital reserve fund and saving for the project over a five-year period, with \$20,000 being placed in the fund in 2023. The total cost for the project will be between \$190,000 and \$200,000. The courts were originally constructed in 1976. They were resurfaced this summer; however, Purington said that the new surface was only expected to last two to three years, at which time the courts would need to be fully replaced.

The courts have seen increased use in recent years, Purington said, with the popularity of pickleball. Weare presently has a pickleball club with 80 to 90 players, she said.

Police Chief Christopher Moore also presented his department's CIP requests at the Sept. 28 meeting. Moore reviewed the status of the Weare Police Department's present fleet of vehicles and the department's Asset Lifecycle Program. The department requests for 2023 include two vehicles, both fully equipped Chevrolet Tahoes. One would be a patrol vehicle at a cost of \$77,622, replacing a car taken out of service in 2019. The second would be a command vehicle, at a cost of \$64,772, designed for emergency incidents.

Moore is recommending a municipal lease to spread the cost over a three- to five-year period. At the end of the lease period, the town can purchase the vehicles for one dollar each. Chief Moore's complete presentation to the CIP Committee can be found on the Weare Police Department website on the Chief's page. CIP meetings are also recorded for viewing on YouTube Weare Channel 6.

At the Oct. 5 meeting, Weare Department of Public Works Director Benjamin Knapp presented a request for a
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10-wheel plow truck at a cost of \$260,000. The brand would depend on bid responses. Recent purchases have included International and Western Star trucks. The new truck would replace an aging six-wheel Volvo.

Knapp also submitted a request for \$600,000 for road reconstruction. Out of that amount, it is anticipated that \$283,965 would come from a N.H. Department of Transportation highway block grant, with the remaining \$316,035 raised through taxation.

Town Administrator Naomi Bolton presented on behalf of the Weare Fire Rescue Department at the Oct. 5 meeting. Its 2023 CIP requests include replacing a utility truck at a cost of \$105,000 and replacing the department's pagers and chargers at a cost of \$15,000. Funding for both would come from the department's Vehicle and Equipment Special Revenue Fund. The existing utility truck, which serves for all-around day-to-day utility and snow plow functions, would be transferred to public works. Bolton also shared the fire rescue department's projections for capital expenditures through 2027.

The CIP Committee will be meeting again on Oct. 19 to hear library requests and to prepare its report for the planning board and board of selectmen. All CIP requests are subject to change before appearing on the 2023 Weare town warrant.


School News




Staff Sgt. Connor Mikula, a saxophonist with "The President's Own" United States Marine Band, will visit John Stark Regional High School on Oct. 21. He will work with band students on tone production and discuss good practice habits. There will also be time for questions about music, the saxophone and military band programs.

"This extraordinary opportunity gives our band students the chance to witness an intimate live performance from a professional musician," said JSRHS Band Director Dan Williams in a school release. "They'll learn about what military bands offer and get some valuable information about how to form good practice habits. All of this would greatly benefit our larger but younger band not only this year but in the years to come."

"When I found out "The President's Own" U.S. Marine Band was going to tour the Northeast this fall, I was excited because Staff Sgt. Mikula is my son-in-law; I knew I'd get to see him," said JSRHS Tech Director Steve Law. "Then I had an 'ah-ha' moment and connected with Dan Williams, our band director here at Stark. We completed the application process to have Staff Sgt. Mikula come here to John Stark, and the application was accepted."

Mikula began his musical training on piano at the age of 5 and saxophone at the age of 11. After graduating from West Ottawa High School in Holland, Michigan in 2010, he attended Michigan State University in East Lansing, earning a bachelor's in saxophone performance in 2015 and studying with Joe Luloff. In 2017, he received his master's from the University of Michigan in Ann Arbor, where he studied with Timothy McAllister.

Before joining "The President's Own," Mikula was a featured soloist with the Lima Symphony Orchestra and the University of Michigan Symphony Band. He performs with the Marine Band at the White House, in the Washington, D.C. metropolitan area, and across the country during the band's annual concert tour. He and his wife, Elizabeth, reside in Fairfax, Virginia.

The visit to John Stark comes between the Marine Band's performances in Concord and Northfield, Vermont.



Students in Mr. Sheard's Earth Science classes at John Stark spent Sept. 28 in Franconia Notch looking for evidence to make a scientific claim about how the **Old Man of the Mountain** fell off Cannon Mountain in 2003. During the trip, students took the tramway up Cannon Mountain and then explored the Basin, taking pictures and collecting rock samples to analyze back in the classroom. The Old Man of the Mountain was a series of five granite cliff ledges on Cannon Mountain in Franconia that appeared to be the jagged profile of a human face when viewed from the north.



Some Weare Middle School sixth grade students are shown above with the donation of **school supplies** given by Nicole Porro, realtor with Capital Area Board of Realtors (and sister of WMS/CWES adjustment counselor Kelly Murray). Every box donated contained 19 items, including dry erase markers, permanent markers, highlighters, pens, pencils, erasers, glue and gluesticks.

Upcoming school dates

Weare School District

Oct. 18: School Board Meeting, WMS, 6 p.m.
 Oct. 20: Unified Arts Family Night, CWES, 5-7:30 p.m.
 Oct. 28: Fall parade, CWES
 Oct. 29: Fall Fest, WMS, 3-9 p.m.
 Nov. 8: No school (teacher workshop and Election Day)
 Nov. 11: No school (Veterans Day)
 Nov. 15: School Board Meeting, WMS, 6 p.m.

John Stark School District

Oct. 12: PSAT day
 Oct. 12: School Board Meeting, JSRHS, 6:30 p.m.
 Nov. 8: No school (teacher workshop and Election Day)
 Nov. 9: School Board Meeting, JSRHS, 6:30 p.m.
 Nov. 11: No school (Veterans Day)
 Nov. 21: Parent/teacher conferences, 6 - 9 p.m.

JSRHS Football Boosters

Last game for seniors!

WHEN: Oct. 29 at 2 p.m.

WHERE: JSRHS

WHO: vs. Souhegan High School



Weare Public Library News



Upcoming Events

Coffee & Conversations: The New England Ghost Project's Ron Kolek

Things are getting spookier at the Weare Public Library. Recently, there have been reports of eerie nighttime apparitions peering through the windows of the historical Paige Room.

Fortunately, Ron Kolek, lead investigator of the New England Ghost Project, will be here to elucidate with a paranormal presentation on Thursday, Oct. 13 at 9:30 a.m.

Kolek was once a skeptic. Then a near-death experience changed his perspective on his life... and beyond. He now utilizes his scientific background to seek the truth. His studies have been documented in many newspaper, magazine, and television reports from around the world.

Known for his odd wit and a Van Helsing persona, he is the host of the *Ghost Chronicles Radio Series*. He also co-authored books on the supernatural with Maureen Wood - two of which are now available for check-out at the library.

So, stop by the library, enjoy some complimentary coffee and treats, and get in the spirit of the season with "true" tales of the supernatural. But beware, it may just scare the skeptic out of you!

For kids

Gaming: Tuesdays at 2:30 p.m. and Fridays at 5 p.m. Challenge your friends with *Super Smash Bros. Ultimate*, *Fall Guys*, *Among Us*, or other classic video games OR play one of our board games OR you can bring one of your own. You can also check-out many of our games and take them home.

These upcoming Fridays we'll feature board games with a Halloween-y theme:

Oct 14: Scooby Doo: Betrayal at Mystery Mansion / Campy Creatures

Oct 21: Mysterium / One Night Ultimate Vampire

Oct 28: Mansions of Madness

Read with the Ruff Readers: Wednesdays at 5 p.m. Read with friendly dogs! Call Ms. Karen at 603-529-2044 to sign-up.

LEGO Club: Oct. 24 at 2:30 p.m. Show us what you can create with our big buckets of Legos!

Trunk or Treat at the Weare Middle School Fall Festival: Oct. 29, 3 – 6 p.m. Play games. wear costumes and grab yourself some candy at the Fall Festival's "Trunk or Treat." If you'd like to participate, sign up at bit.ly/wearetrunk.

Join Ms. Karen for stories and songs!

Baby & Toddler Stories & Playtimes: Tuesdays at 10:30 a.m. Ages birth-2.

Pre-K Storytimes: Wednesdays at 10:30 a.m. Ages 3-5.

For adults

Mahjong: We're looking into starting a Mahjong group. Regardless of your skill level, if you're interested, call us at 603-529-2044.

Pinochle & Cribbage: Tuesdays at 2 p.m. Meet and play with other card game enthusiasts.

Book Group: Wed, Oct. 26 at 7 p.m. We're discussing *Inheritance* by Dani Shapiro. Call 603-529-2044 to reserve your copy.



South Weare Improvement Society Holds Three Events in October

BINGO. The last bingo game of the year will be held at Osborne Memorial Hall on Saturday, Oct. 15, starting at 7 p.m. sharp. Doors open at 5:30 p.m. Carryover coverall, pull-tabs and refreshments. Age 18+.

YARD SALE. A big yard sale will be held inside Osborne Hall on Saturday, Oct. 22 from 8 a.m. to 2 p.m. Lots of interesting, unusual and affordable items for sale. Don't miss it!

ANTIQUe APPRAISALS. On Saturday, Oct. 29, SWIS will hold an Antique Appraisal Day from 9-11 a.m. Bring your treasures (maximum two items) for Withington Auctions Inc. to appraise for you. The cost is \$10 for one item or \$15 for two items.

Proceeds from SWIS events benefit the maintenance and restoration of Osborne Memorial Hall, the historic Grange Hall in South Weare. For more information, to rent the hall for your event, or for Weare Flags Fly, please call 529-7282.



Weare Pink Ladies Group

By Lily Tang Williams

New date and time. We will be meeting on Wednesday, Oct. 19 for lunch this time. We will be getting together at Generals on Route 114 from 11:30 a.m. to 1:30 p.m.

If you have been looking for a chance to get out and enjoy sharing time with a group of your Weare neighbors, please do join us.

For more information, email Lily Tang Williams at lily4liberty@comcast.net and find us on Facebook at:

www.facebook.com/groups/285603816508112

Wine Tasting Country 3 Corners

Friday, Oct. 28 from 5 - 7 p.m.

(in the hardware store)

833 S. Stark Highway 603-529-7539 X 4

lfiala@country3corners.com

or check out our Facebook page:

<https://www.facebook.com/Country3Corners>



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We'd be happy to add you to the list.
Email witwsunsubscribe@gmail.com

SENIOR NEWS

From the Senior Café

By Sue Canella, Tiffany Bowers and Peggy Bailey

Menu:

Oct. 12: Meatballs over buttered noodles and roasted carrots and broccoli.

Oct. 19: Spaghetti with meatballs, green beans, garden salad with dressing, garlic bread, dessert

Oct. 26: Tuscan white bean soup and Irish soda bread with honey butter.

Affordable lunch for all (donation of your choice) FREE for any local area seniors age 60+.

Time: 11 a.m. to 1 p.m. every Wednesday.

Dine in (there is room for 35 guests - masks currently NOT required) or take out. Delivery is free for any senior who has no transportation.

Call ahead to 603-529-4263 and leave your name, telephone number and how many plates. It is first come, first served.

<https://www.facebook.com/Hand.in.Hand03281/>

Our second chef position has been filled! Tiffany Bowers, from Tiffany's Cafe & Catering, will be taking over Mary Thomas's position. Mary has done a fantastic job! We will miss her cooking, but you can still find her volunteering at the Ya Never Know Thrift Shoppe on Fridays. Thank you so much Mary!! Chef Sue will continue to alternate with Tiffany. Looking forward to their continued delicious cooking! Bon appetit!

In the near future, Tiffany will be introducing "meals on the go" for our seniors to have during the week. Interested? Please let us know at 603-529-4263.

We are looking for a Facilitator for the Senior Center. Someone who is interested in getting programs up and running and to engage with our community seniors. We would love to have you stop by on Wednesdays and find out what they would like to do or see at the Center. Field trips, guest speakers, all about me (their life story), musical interests, story reader, etc. Too many ideas to list. Sounds like fun to you? We would love you to reach out to us. You can call 603-529-4263 or go to handinhandministriesinc@gmail.com Our center is open Tuesday through Saturday, 10 a.m. to 3 p.m. Stop by and visit. We have had so many wonderful compliments and much support!

The Weare Garden Club will be meeting at the center. Its first meeting was Oct. 4 at 7 p.m.

The Weare Area Writers Guild also meets here every first Friday of the month.

Thank you everyone for your continued support! We are so grateful!



Pictured: Claudia (top, center) at the senior center showing her talents with the beautiful quilt she made during the pandemic (courtesy photo).



Ya Never Know Thrift Shoppe

Even more Halloween costumes and decorations!

Donations can be placed in the orange bin out front, or you can drop off during business hours: Tuesday - Saturday 10 a.m. - 3 p.m. 33 North Stark Highway. Call 603-529-4263 or go to Facebook. Like us and share.

<https://www.facebook.com/ThriftyShopper03281>



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Weare Garden Club

By Anne Wirkkala



The Weare Garden Club was inspired at its October meeting by Deb Chabot's presentation on hydroponic gardening. She received her first introduction to the topic as a Christmas present: a large self-contained unit. These kits from various vendors have become popular with New Hampshire home gardeners who wish to extend their growing seasons into the winter. Store-bought lettuce imported from some faraway country is just not the same as that which you have been enjoying all summer!

Over the years, Deb became more of an expert with hydroponics, including developing some very inexpensive and less complicated systems for growing just about anything, from flowers to herbs to lettuce to tomatoes and peppers. She has given us the courage to find a suitable glass jar or a large plastic bucket and try this out for ourselves. Stay tuned for pictures of our successes or examples of what not to do.

We have sold nearly all of the plants from our fall sale. A few lonely, orphaned plants are still looking for homes: aloes, baptisia (false indigo) and some houseplants in need of a hair trim (extra shoots to root for more plants) The price is right...just please give them a home! Stop by 183 East Road ANYTIME and adopt an orphan or two!

The Nov. 1 meeting is a craft session: reverse glass painting. All that is required is an old (or new) smallish window or picture frame with glass in it and a pattern (a line drawing or a picture from a coloring book) of flowers (after all it is a garden club!) The paint and materials will be provided by the club, so join us for a fun evening. For more information about the garden club, contact Anne Wirkkala (awirkkala@gsinet.net)

The Nov. 1 meeting will be our last formal meeting of the year. 2022 has gone by so fast! We have a new location for meetings: Hand in Hand Ministries (the senior center) at 33 N. Stark Highway. It is a wonderful location; no stairs for those of us with ailing knees and backs.

Lookin' for Love

By Cathy Bailey

If you'd like to adopt the pet pictured here, please complete an adoption application at <https://www.heartsandtails.org/adoption-application>



Meet Tyson! Boxer mix. Male, affectionate, athletic, friendly, gentle, smart, obedient. House trained, vaccinations up to date, neutered and microchipped. Seven years old, weighs 60 pounds. He is

good with other dogs and children. Tyson and his brother were dropped off by their family at a kill shelter in North Carolina. These bewildered dogs were taken in by a kind foster mom. Now Tyson is ready for adoption into a family he can trust and call his forever home. Adoption Fee \$450.02

For more information on these and other dogs, visit <https://www.heartsandtails.org/petfinder-list/>

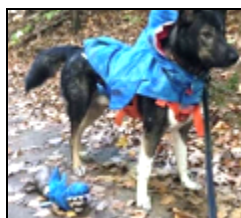
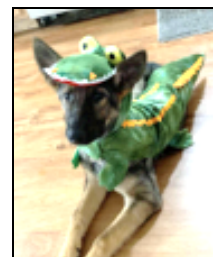
RSA Halloween Costume Contest

By Barbara Jean Crehan



Really Special Animals is having a Halloween costume contest over on our Facebook page! Dress your pup in the most spooky or adorable Halloween costume you can find and take a picture! You can send those pictures to our Facebook page on Messenger or to our email,

rsadogtraining@gmail.com. Entrants have until **Sunday, October 23** to submit. We will post all of the pics to our page for the week before Halloween and everyone can vote on their favorite. (Please note: if you send us a picture, you are agreeing to our posting it on our Facebook page, and we will send the winning pictures to *Weare in the World* for the first November issue.



The costume with the most votes by the end of the week, wins a free day of daycare. We will announce the winner on Halloween: Monday, Oct. 31. We can't wait to see all of your puppies and dogs in their amazing costumes!

Weare Car Show Brings Classic Autos into the Spotlight

By Sharon Czarnecki

The Sixth Annual JSRHS Football Booster Club – an important fundraiser for the team – was held on Sept. 25. One of the much-enjoyed uses for the funds is to produce the two-foot by three-foot senior posters, which are displayed on the field near the endzone to honor members of the team who are moving on to post-high school activities. Each of the seniors is presented with their poster at graduation. The funds are also used to purchase equipment (bags, letter jackets, warmer coats and signs for the concession stand.) Currently, one of the booster's big goals is to buy lights for night games, as these are now either borrowed or rented. Here are some images and tidbits from the day.



Ron Croteau's truck took first place in the show. It is a 1965 Chevy C10 pickup with a 6.0 LS motor. This truck sits on 22" wheels. The build was done in 2007 in Texas and shipped to Croteau, who then finished all the small items that it needed. He said, "I enjoy driving it everywhere."



Second place went to this 1948 Rolls Royce Silver Wraith Touring Limousine. Its owner's information was not available at press time.



Here is a 1975 Triumph TR6 owned by Michael Bergeron who said, "Roadsters are just plain fun!" The color is French blue.



Roger LeBlanc owns this 1958 Ford Fairlane – Hideaway hardtop convertible.



This VW camper is owned by Jan Luikmil.



Red Mustang owned by Jim Buss. See more on page 9.



#34 Cobra
owned by Bob
Brown of
Brownies.



This 1968 Plymouth GTX has the original 440 four-speed Dana 60 rear end. It also underwent a rotisserie nut and bolt restoration 22 years ago. The owner is Walter Komisarek.

Dr. Debbie Talks about Encouragement

By Debbie Farr, Ph.D.

Rudolph Dreikurs famously said, “Children need encouragement like plants need water.” Research reveals this to be so very true. The root of encouragement is “courage” – when we say something that encourages our child, we give them courage to try, to extend, to be brave. When our child is “dis-couraged,” they lack the willingness to try something new or extend themselves to unique situations, leading them to miss out on enjoyable activities or opportunities for learning.

THE BENEFITS: Positive parenting practices fully embracing encouragement as a strategy to support our children. When we encourage our child, it helps build self-esteem, confidence and agency. They are more willing to try things, which aids physical, social and emotional growth. It helps the child feel supported and loved. It also helps them become resilient as they try various activities, successfully or unsuccessfully, knowing you are there to help if needed.

Although children have fewer skills than adults do, simply by virtue of age and experience, they react the same way as adults to various situations – with courage or with hesitation and concern. Encouragement produces much better results. Your encouragement shouldn't be

fake, though. Children can see through that. If you say, “I know you can do it” but ‘it’ happens to be swimming in the deep end of a pool before they’ve learned how to blow bubbles under water... well, that’s not only not true, but it’s also dangerous. In other words, encouragement works when something is just beyond the child’s typical behavior or skill level – not when something is way out of reach. It’s like reaching your hand out to help them climb up the next step, not to the very top in one leap.

USING ENCOURAGEMENT: What are some ways you can use encouragement? Here are some ideas, applicable to various ages:

- “I know it’s difficult to share your toys, but I’ve seen you do it before and know you can do it again.”
- “I’m guessing this grade wasn’t what you expected, right? You’ve been successful before, though. What have you done in the past to be successful on your tests?”
- “I love how hard you’re working on building that bird house!”
- “When you have a minute, I could sure use your help – you’ve always got some creative ways of analyzing tricky situations!”
- “I think you’re ready to try riding without the training wheels!”
- “Yesterday you seemed really bothered but today you seem in a better mood. Good for you for working through it! But let me know if there’s anything I can do to help.”
- “I really like the way you are trying to get the shoelaces tied. It’s not easy but you’ve almost got it!”
- Thumbs up on that – you did a great job of getting your chores done today!” Even a non-verbal “thumbs-up” can be encouraging!

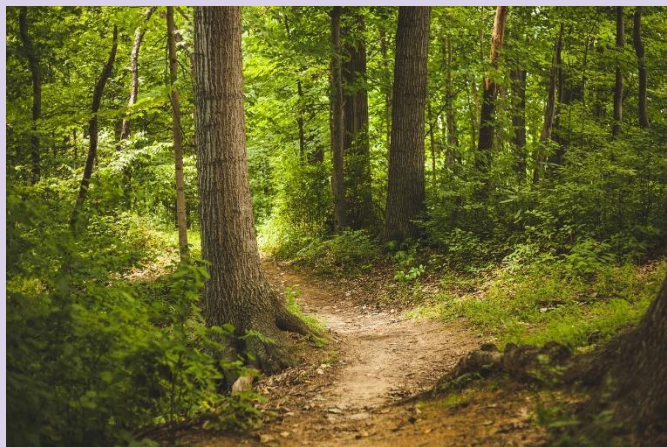
As you can see, these are positive ways of dealing with various situations. The encouragement is also specific, not just “you’re a smart girl – you can figure it out.” While that can also be encouraging, identifying her as ‘smart’ may actually put her in a bind. What if she can’t figure it out? Does that mean she’s no longer smart?! That could be quite worrisome for her!

Often, you’ll be able to figure out what an encouraging word would be just by thinking how you would feel if someone said it to you. If it feels demeaning, try rewording it. If it feels fake, make sure you’re specific. If it feels comfortable or reassuring, use it. Your child’s reaction will tell you if you got it right. And if you didn’t, let me be encouraging to you....try again – no one gets it right all the time and I know you can be encouraging for your child.

FOR MORE INFORMATION: Read more about this topic in this new book, “E.N.R.I.C.H. Your Relationship With Your Child” [HERE](#).



Asked and Answered: Frugality, pet peeves and rock collections



(Photo courtesy of Pixabay.)

On the Trail of Frugal Fun

By David Erikson, *Weare Area Writers Guild*

They say “One man’s ceiling is another man’s floor, and one woman’s meat is another woman’s poison,” so my favorite activity may be your torture. I like to mosey, meander, wander and explore the trails and back roads of my town. I think it’s best to have “no particular place to go.” When you get there, you’ll know where you were going.

People in Weare generally needed about 150 acres to make a living in the eighteenth and nineteenth centuries, which was when many of our roads were laid out and named. Then many of these farms were abandoned for richer, less rocky soils west of here. A lot of the dirt roads are still here, some maintained by the town, some, called “class six roads,” may be “closed subject to gates and bars” or just no longer maintained. Many miles of these are kept open by our snowmobile clubs. I don’t own a snowmobile, but I appreciate the work done cutting downed trees and brush, so I can ski or walk without pushing my way through thickets.

There are websites with descriptions of dirt roads for mountain bikers. Sometimes I will use an old topographical map I picked up at the center store when I moved here in 1980. My favorite way to set out is to simply pick a road or path I have seen while driving or on another hike and try out a hunch. For instance, if I follow the power lines from where they cross my road and head up to where they meet the dirt section of Mountain Road, can I find a path to Tobey Hill? I’ll bring water and an apple and blaze orange in season. If I

don’t get to Mt. Tobey, I’ll get to somewhere else. Today, I saw black ducks, six-inch diameter mushrooms and red maples in full red and orange reflecting on a beaver pond.

Some people like to climb every 4,000 footer in New Hampshire, and then climb them all in the winter and someone even set out to climb them all walking backwards. That just isn’t my preference. I don’t want to be in a rush to get to somewhere, like the summit, because then I don’t have time to be where I am on the way.

I did set myself a goal once, though, kind of to poke fun at myself and the 4,000 footer folks. I decided to climb all the 1,000 footers in Weare. I now have bragging rights. I’ve climbed a dozen. It’s all in a day’s walk.

I Am NOT Your “Honey!”

By Liliana Michaela, *Weare Area Writers Guild*

One of my biggest peeves – okay, it’s probably THE biggest – is people I don’t even know addressing me as “Honey,” or Sweetie,” or “Darling,” or “Dear,” or other such terms of endearment. I am talking here about total strangers, and especially people in professional roles, who use sappy endearments randomly, which they should reserve ONLY for their spouses and children.

I am 77 years old. When I go into a store or restaurant and some salesperson or waitress, a third my age, talks down to me like they would to a child, I no longer just choke on it and let it go. Now I tell them quite simply, “Excuse me, I’m not your Honey. I’m a customer.” Often, they understand, but then I’ve actually had them say, “Well then, I need a first name.”

NO, you do NOT need a first name. You need to use a little simple, professional courtesy. I realize, tragically, in this country, there is little to no respect for elders but treating us like children is not acceptable. You actually don’t have to call us anything at all, but at the very least you can address us as “Miss” or “Ma’am,” or “Sir.” And please don’t go into all the excuses for how you came to use endearments randomly because it’s a local custom, or your grandmother always did when you were growing up, or that it’s seriously “from the heart.” When you are dealing with someone older than you, whose name you don’t even know, it’s not “from the heart.” It’s a mindless habit that you are probably not even aware of. BREAK IT! End it NOW. It is NOT appropriate. It is NOT professional. And it certainly is NOT courteous. Keep all those endearments for your immediate family - those nearest and dearest to you, but NEVER for customers you are serving or people you

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HONEY, continued from page 10

just happen to meet and talk to outside your close family circle. Please, at least just think about it.

Okay, I'll get off the soapbox now and let the next person have their rant.

No Parking in the Grocery Store

By Shirley Waite

My pet peeve has to do with grocery shopping. Sometimes a person ahead of me parks his or her shopping cart in the middle of the aisle, then obliviously starts examining the shelves, looking for the object they want. Because they are in the middle of the aisle, I can't pass. I wish I had a horn on my cart. I wouldn't lay on the horn, just a gentle toot toot, to wake the shopper from their daze.

NHRocks

By Robin Morrell

THE GOAL: To make people smile.

THE INSPIRATION: One day, I found this rock painted by someone I didn't know, but who obviously had artistic talent. It was such a fun find that I decided to start painting rocks myself and "hiding" them for others to find.

Why do it? It turned out to be a lot of fun and something I could do with my three granddaughters (ages 8, 6 and 3). On the back of each rock is a note to post to our Facebook group page "NHRocks." Then, the person can either keep the rock or hide it for someone else to find.



FEEDBACK - The web page entries have been so much fun for us to read. For instance, I hid one of the rocks while I was on vacation on Cape Cod. It was recently found by someone who plans to re-hide it in Hilton Head, South Carolina

where she lives!

The Halloween rocks are my latest creations. I hid the "U R Beautiful" rock yesterday and am waiting to see if it will be posted soon.

It's been a lot of fun, especially sharing with my grandchildren, and it's nice to know I'm making people smile :)

**BOG BILL**

By Steve Arwine

So, you say you enjoy camping in the woods? You find the idea of sleeping under the stars while listening to crickets chirping and the night birds hooting exciting; a wonderful way to drift off to sleep. But what if you knew Bog Bill was about? Would you insist on a tent? Would you never camp alone, or would you gather what grit you possessed and gut it out?

Years ago, on a small island in Vermont, my 10-year-old son and I were on his very first "official" camping trip. We were to be woodsmen, stout and manly, sleeping under the stars next to the campfire. There would be no tent for us. He was ready and excited to begin this adventure - his passage into outdoor manhood.

The island in question lay roughly a half mile offshore surrounded by the choppy waters of Lake Champlain. Transportation to the island was by a small passenger boat, a ferry of sorts, that carried campers, tents, cook stoves and the like. It was also the safest way to avoid Champ, the Lake Champlain Lake Monster. That's right, lake monster.

For centuries legends of an enormous swimming monster have captured the imagination of locals and visitors. The native peoples, the Abenaki and the Iroquois, have their own legends about a large creature inhabiting that lake. To a 10-year-old, this was new and exciting stuff, not to be taken lightly.

"Will we see him? Will he come up to the boat?" was all I heard as we made our way from the shore to the island. I assured my young adventurer that the monster
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CAMPING, continued from page 11

usually lurks northward, more towards the Saint Lawrence, the seaway up there. He hadn't been sighted this far south in months, but I advised that he keep a sharp eye out in case Champ showed up.

With an obvious intentional long wink and the aid of one of the supporting deck hands, I stressed to Michael how lucky we were to have made the island journey safely.

I had him; the trap had been set. Michael was disappointed and hooked. He kept saying "I wish we could see the monster."

"Perhaps someday you will" I said. "But for right now we need to worry about Bog Bill."

"Bog Bill?"

I explained that in the middle of the island, there was a wide, muddy depression, a deep black hole in the earth. A hole so deep and full of muck and quicksand campers dare not go near it. A bog that is covered in moss, fallen leaves and sticks and is surrounded by thick groves of ferns and small birch. To a 10-year-old, this four-acre swamp had to be an impenetrable cursed wetland, surely the home of mythological creatures who lie in wait for unsuspecting campers.

Over the evening campfire, I slowly explained how Bog Bill, the ancient woodsman of this island, had come to live in that bog. How years ago, a land bridge shot out into the lake and bears and other creatures of the night would crossover and terrorize the island's inhabitants.

After battling these night creatures night after night, Bill finally gave in and settled on a small patch of hard ground in the middle of that bog. For years it was just Bog Bill who roamed this island, and I explained that he only comes out when, from a distance, he smells a young camper who is here for his very first adventure. It is his job to welcome you to the island!

Michael was confused, scared, excited and bewildered all at the same time. He wanted to see this old man of the bog but.... No, he didn't. He wanted to sleep under the stars, but longed for the safety of a tent. As I spun the yarn deeper and deeper, Michael's eyes grew bigger and bigger. So there we were, two stout woodsmen huddled by the fire without a tent. Michael insisted that we keep the fire raging, for he had read in school that a large fire keeps the lions and hyenas away. I assured him that a large fire would indeed keep the animals at bay and hopefully Bog Bill as well.

At that point, I had done my job. I had continued the time-honored tradition of scaring the pants off the young camper on his first "official" outing. Michael slept that night with one eye open, a large stick at the ready and very close to dad.

The fire had done its job. It burned through the night with no animals, monsters or Bog Bill to be found. My young, first-time adventurer was exhausted but proud. To this day, we all remember Bog Bill and Michael's transformation into outdoor manhood.



POETRY CORNER

Counting

There against the gleaming porcelain, a black hair, curly, alive.

Above, the mirror holds an image of a white-haired woman who

wonders where the black hair was hidden. That, and where are

others still unnumbered, as are the days, even years, the doctor

gave her last week, peering into the computer at lab numbers.

So healthy, she said. *Now, don't fall!* Informed, chastened, leaning

on her cane, out into the bright day, she strode past the city sparrows

scratching in unnumbered leaves banked against the warm pavement.

-jeanloretta

(Indeed, the very hairs of your head are all numbered. Don't be afraid; you are worth more than many sparrows. Luke 12:7)

October Is Orange

Once green fields of summer
now plowed, turned to orange,
a carpet of pumpkins
waiting for new homes, for
new uses, pies, soup, or
decoration, where they
sit on porch steps, bales of
hay or in windows with
cut out faces and lights
within, glowing at night.

-Marge Burke

The Eerie Specter

Across the valley there arose
eerie specters twisting upward
like soft serve ice cream, instead it
was morning mist rising from the lake
below, reaching for the grey, blue
sky above, they hovered, twisted,
danced with abandon in the wind.

-Marge Burke



Volunteers Needed!

[Ya Never Know Thrift Shop](#)

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[Breaking Bread Senior Cafe](#)

Activities Facilitator. For more information, see Senior News on page 6.



[Country 3 Corners: Why not work locally?](#)

Convenience Store – Cashier, Deli, Stocking, Cleaning

Full time and part time; various shifts; flexible hours. Must be 16 years or older. Benefits for full time employees **To Apply:** Stop into the store at 833 S. Stark Highway for an application. 603-529-7539 convenience store X2; hardware X3.

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Mark Your Calendar

Wednesday, Oct. 12

4:15 - Trustees of the Trust Fund meeting
6:30 p.m. - John Stark School Board meeting
7 p.m. – Conservation Commission meeting
7 p.m. – Weare Democrats meeting

Thursday, Oct. 13

7 p.m. – Planning Board meeting

Monday, Oct. 17

6:30 p.m. – Board of Selectmen meeting

Wednesday, Oct. 18

6 p.m. – Weare School Board meeting
7 p.m. – Cable Committee meeting

Friday, Oct. 21

10:30 a.m. – Weare Area Writers Guild meeting

Saturday, Oct. 22

9:30 a.m. – Weare Republicans meeting