

Weare in the World

For Weare Residents, By Weare Residents
November 22, 2023



Weare in the World wishes everyone a Happy Thanksgiving! For stories about upcoming holiday dinners, events and memories, see:

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-Children's Christmas Party by Weare Historical Society, Weare Public Library and JSRHS DECA -Senior Holiday Meal by Parks and Rec and WMS

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-JSRHS staff pitch in for **Thanksgiving lunch**

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-Thanksgiving memories by local contributors

Board Approves Bonus Plan to Help Fill Driver Vacancies

By Tom Clow

A mountain of sand has been stockpiled, and plow trucks are being fueled and made ready. All in preparation



A highway truck is refueled in readiness for the first winter storm. (Tom Clow photo).

for that first snowstorm, which frequently arrives around Thanksgiving. The question in Weare, as in many surrounding communities, is who will sit in the driver seats of those trucks? At its meeting on Nov. 13, the Weare Board of Selectmen approved a plan presented by Interim

DPW Director Jason Fiske that they hope will help answer that question.

The plan calls for sign-on bonuses for full-time driver/operators and for part-time seasonal drivers. The bonus plan would apply to present employees as well as new hires. To receive the bonus, employees must sign an agreement that they will perform the required duties of the position from Nov. 17, 2023 through April 25, 2024. The total bonus of \$5,750 will be paid in installments of \$250 per pay period over that time period. The requirements for full-time and part-time employees are different but are all spelled out in the sign-on agreements.

The town advertised for full-time and part-time drivers during the summer and into the fall months, as well as for a full-time mechanic for the DPW. Recently the department has also been looking at hiring private contractors for some of the local plow routes if driver

positions cannot be filled.

See PLOWS, page 2



"Talk" To Us
Pre-Holiday Events
Deadline: Dec. 8
Weareintheworldnews
@gmail.com

PLOWS, continued from page 1

The competition is fierce. Roadside signs indicate the need



for drivers in nearby towns. An article in the Nov. 16 *Concord Monitor* quoted the American Journal of Transportation as reporting a shortage of more than 80,000 drivers of various levels throughout the country. The driver shortage is even delaying leaf collection in Concord, according to the

Monitor. Above: A mountain of sand at the Department of Public Works sits ready to load and spread when snowflakes fly (Tom Clow photo).

Weare Tax Rate Lowest of Area Towns

By Tom Clow

As reported in an addendum to the last issue of *Weare in the World*, on Nov. 6, the Weare Board of Selectmen set the 2023 tax rate at \$18.84. Of course by now that is old news, since most of us have already received our tax bills. The new rate represents an increase of \$1.44 over 2022 or 8.3%. The total tax effort of \$24,264,597 can be broken down by percentage in the following manner: local schools, including Weare Schools and John Stark 67%, town 20%, state education tax 8%, and county 5%.

In prior years, the board has used money from the unassigned fund balance to offset the tax rate, but because voters approved using \$271,941 from the fund balance to offset the cost of warrant article in March, enough money wasn't available to do that this year and maintain the necessary fund balance. It should be noted that much of the unassigned fund balance is not cash in hand, but in the form of accounts receivable, primarily unpaid taxes.

The tax rates of all towns and cities in the state can be found on the N.H. Department of Revenue Administration website, revenue.nh.gov. The list below is compiled from data on that website. It shows Weare and other area towns that had completed their tax rates as of Nov. 10. They are listed in descending order and indicate that Weare again has the lowest reported tax rate in the area as of that date.

0	Warner	31.72
0	Hillsborough	31.22
0	Francestown	27.88
0	Bow	27.81
0	Dunbarton	25.57
0	Henniker	22.38
0	New Boston	20.35
0	Goffstown	18.86
0	Weare	18.84

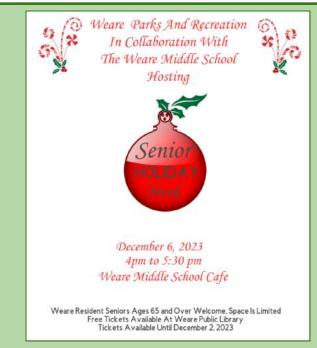


Children's Christmas Party

Sunday, Dec. 3, WMS, 2-4 p.m.

- Sing-a-long by Clay Kriese, Library Director
- Juggler/magician, Robert Clark from the Boston area, from 2:30 to 3:15 p.m.
- Raffle
- Wrapped foods and drinks
- Santa arrives at 3:30 p.m.

Hosted by the Weare Historical Society, the Weare Public Library, JSRHS DECA Club.



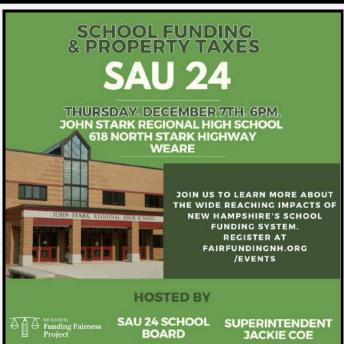
Senior Holiday Meal

Weare Parks and Recreation is excited to host a senior holiday meal in collaboration with Weare Middle School. In an effort to connect the seniors in our community with the young students in our school system, we will be hosting a holiday meal on Dec. 6 at 4 p.m. in the café.

Weare residents over the age of 65 are invited to attend. The meal is free, but space is limited so tickets will be required. Tickets are available at the Weare Public Library now through Dec. 2 on a first-come basis.

The students will be preparing a turkey dinner with all the fixings and will be providing entertainment from the music program. Come join us and let's celebrate our great community together. Any questions can be directed to Weare Parks and Recreation at parc@weare.nh.gov.





The N.H. School Funding Fairness Project (NHSFFP) and SAU 24 will be hosting a **community conversation on New Hampshire's school funding model** and its impacts on students and taxpayers around the state.

"We're excited to be hosting this discussion and bringing our community together to learn more about this important issue," said SAU 24 Superintendent Jacqueline Coe in a school release. "Understanding how our state funds schools will help our community be well informed and have good conversations about our own local budget decisions."

The State of New Hampshire provides the smallest proportion of state funding for education of any state in the country. New Hampshire's heavy reliance on local property taxes to fund education has wide reaching effects not only on students and the educational opportunities available to them, but also on taxpayers and economic development in communities around the state.

This public presentation will focus on the relationship between school funding and property taxes and the impacts of New Hampshire's funding model on communities in SAU 24, and around the state.

"The N.H. Supreme Court established that the State has a constitutional responsibility to fund education with its decisions in the Claremont lawsuits of the 1990s," said Zack Sheehan, NHSFFP Project Director.

"With two ongoing funding lawsuits being actively litigated against the State, this is a great opportunity for everyone to revisit our school funding system and work to understand how we got here today."

For more information, and to register for this and other NHSFFP events, please visit https://fairfundingnh.org/events/

Thanksgiving dinner on Nov. 16 at JSRHS for all students and staff was an exceptional gathering of



community and friendship this year. Staffing shortages in the kitchen were about to threaten this much anticipated tradition

when help came from all corners of the building. Staff members from the main office, IT and school



counseling jumped to the call, and the Thanksgiving lunch was held. A perfect example gathering for

Thanksgiving and The John Stark Way. Above left: John Stark's Director of Technology Steve Law with Food Service Director Morgan Trahan. Above right: Executive Secretary Katie Cyr with Director of Student Pathways Tiffany Smith (courtesy photos).

WMUR-TV meteorologist Kevin Skarupa came to



CWES on Nov. 14 to talk with all third graders about – what else? – the weather! Students learned about all types of weather, of course, but they also learned a few little-known weather

facts, like that horse hair used to be used to inform people about how humid the air was.

On Nov. 13, CWES student **Sam Smith** became the new record holder for finishing the third grade typing program, called "Type to Learn.". Sam finished on the 49th day of school, crushing the old record of a student who finished in December.





Teachers at WMS brought science to life for their seventh grade students with the science and history of the local **Hopkinton-Everett Flood Control Project**. Students learned with in-house field trips, invited speakers, and a seven-mile hike through Old East Weare Village to the Everett Dam.

"To begin this project with the students, we presented an in-school field trip with learning stations centered on the Piscataquog River, the Great Flood of 1938, the New England Hurricane, old East Weare Village and the Hopkinton-Everett Flood Control Project," said science teacher Jan Dwinnells in a school release. USACE Ranger Samantha Schupp joined teachers in presenting the learning station groups.

Later that day, students took a walking field trip to

visit the East Weare and Johnson Cemeteries. These two cemeteries were relocated during the building of the Hopkinton-Everett Flood Control Project. Students were tasked with investigating and recording gravestone information related to the history of East Weare and its citizens. The teachers later invited local author Connie Evans



in to talk about her interest and research in Weare's history and the play she wrote, "The Lost Village," about the sacrifices made by the people of the lost village of East Weare due to the construction of the Hopkinton-Everett Flood Control Project.

The culminating event was the seven-mile hike through old East Weare Village to the Everett Dam at the end of October. USACE Rangers Samantha Schupp, Dan Orlando, and Steve Dermody served as guides through East Weare with stops at Half Moon Meadow

Marsh, The Bowl in East Weare Village and Choate Brook to discuss the biodiversity of these ecosystems, as well as their ecological and recreational value.

At the Everett Dam, the rangers explained to students how the dam and spillway function to control flooding in the Piscataquog and Contoocook River watersheds. N.H. Fish and Game wildlife biologist Brendan Clifford was also on the hike and presented his work with pit-tagging of the black racer snakes at the dam and their work to help manage the population of this state-threatened species. The last presentation of the day was about the biodiversity of plants and animals found at the Raymond Cliffs at the dam by SAU 24 instructional coach Phil Matzke and Dwinnells.

"Our students will use the information gathered over the month of learning to complete various performance tasks in science classes throughout the year, "Dwinnells said. "There is a direct correlation between several Next Generation Science Standards and all four of the SAU 24 Science Competencies for seventh grade to this experiential, real-world project."

JSRHS senior Kaitylyn Gosselin planned and managed a



assault awareness as her senior capstone project. The event was held on campus and was attended by over 30 members of the community. Representatives from REACH YWCA N.H. and the N.H. Coalition Against Domestic and Sexual Violence were on hand to speak with attendees and offer information. Runners and those who assisted with the event included JSRHS students and their parents. There were

several representatives from the school cross country and girls' soccer teams. Kaitlyn's project raised \$250, which she donated to the YWCA of N.H.

Bourne Spooner became the first JSRHS student of 2023 to submit his college applications on "Apply N.H. Day," during which application fees to New Hampshire two- and four-year colleges are waived. Over 80 seniors participated in this event at JSRHS.



toughest



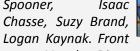
On Nov. 6, the **JSRHS Model UN Club** participated in the Phillips Exeter Academy Model UN conference (PEAMUN) with over 400 other high school students from 30 different schools. PEAMUN is a Model United Nations conference developed and run by students at Phillips Exeter Academy. Members of our club served on several committees representing a variety of nations and political figures. Some of the topics discussed were cyber espionage, political censorship, environmental emergency response, drug trafficking, deforestation in the Amazon, the Haymarket Affair and Australian indigenous rights. *Photo L to R: Jacoby Baron, Morgan Locke, Autumn Duquette, Anna Gardner, Daphne Walsh, Tess Mosher, Evan Browne, Rio Calle, Joshua Askham (courtesy photo).*



The **glass works class** at JSRHS traveled to the Hot Glass Art Center in Marlborough recently to learn about the process of blowing glass. Students made glasses, bowls, and ornaments while working with professional hot glass artists to create their designs. *Photo: Cassandra Lentsch (courtesy photo).*

The **Hopkinton/JSRHS Robotics Team**, Ozram 1922, visited Boston Dynamics in Waltham, MA in early November. The team participated in a tour led by FIRST alumni and engineers employed at Boston Dynamics. During its visit, the robotics team was able to interact with Boston Dynamics' robot, "Spot: The Agile Mobile Robot." They also had a private tour of the parts shop where they saw first-hand how robot parts are designed and created for manufacturing. Boston Dynamics is the global leader in developing and deploying highly mobile

robots capable of challenges. Back row L to R: Tyler Baroody, Julien Zanetti, Brad Dickinson, Judah Vendt, Bourne Spooner, Isaac





industry's

row: Vaughn Dixon, Eli Sarasin, Teddy Ehrmanntraut (courtesy photo).

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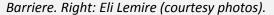
The two best **JSRHS Cross Country** runners this year ran against the best Div I, II, and II runners in the state



on Nov. 4 at Alvirne High School. Both runners ran the second-best times in JSRHS history, just narrowly missing the school records. Senior Eli Lemire capped

off a brilliant four-year career with an amazing time of 16:22,

missing the school record by 10 seconds. Sophomore Kayla Barriere was hoping to break 21 minutes to be the third fastest in Stark history, but she bested that goal by running 20:29, only missing the school record by 0.8 seconds. *Above: Kayla*





CWES students made tokens of gratitude for **veterans** at the VA in Manchester. The token included a small, plastic soldier with a paper insert that read, "Home of the free because of the brave. Thank you, veteran, for your service. Let this soldier remind you how much you are appreciated."



Billy Riley and Greyson Briand cut up the inserts.



Kaycie Sullivan and Aubrey Biron package up the tokens.

On first grade "Pumpkin Investigation Day," CWES students worked in groups to discover their pumpkin's weight, height, if it could sink or float and more. They read pumpkin stories and learned about the pumpkin life cycle. Many thanks to Devriendt Farms of Goffstown for donating the pumpkins.



Calvin Smajovic-Gagnon checks the weight of his pumpkin before recording the information.



Carrigan Fishburn counts the seeds from her pumpkin (courtesy photos).

UPCOMING DATES

There will be NO SCHOOL in SAU 24 on Nov. 22-24 (Thanksgiving break) or **Dec. 25-Jan. 1** (Holiday break)

Dec. 7: School Funding and Property Taxes Program co-sponsored by SAU 24 & NH School Funding Fairness Project, 6 PM at John Stark Regional High School. Learn more about the wide-reaching impacts of NH's school funding system on students, taxpayers, and economic development.

Weare School District:

Nov. 28: Weare School District Board Meeting and budget preview, 6 p.m., WMS. Also live-streamed on SAU 24 YouTube channel.

Dec. 14: Early release day

John Stark School District:

Dec. 8: Class of 2027 Fundraiser. Movie Night and Cornhole Tournament, 6:30 p.m.

Dec. 13: John Stark School District Board Meeting, 6 p.m. in Room 144 at John Stark.

Dec. 14: Early release day

Dec. 14: Winter concert; snow date Dec. 19.



Jason Williams' 1983 Peterbilt (courtesy photo).

Bull Run Rally for Local Truck Driver

By Shelia Lindh

On Sunday, Nov. 5, if you happened to be in the area of Weare Road (Route 77) in New Boston and Gould Road in Weare, you got to witness something very special: 69 professional drivers in a procession stretching four miles in length were out to show support for one of their own.

Local truck driver Jason Williams, owner/operator of Jason Williams Trucking LLC, was injured in a serious fall on Oct. 6.. While covering a hay storage trailer that had developed a leak during the heavy rain, the roof gave way, sending him headfirst down eleven feet to the hardwood floor. Miraculously, he was able to call for help.



Jason with his dad, Calvin Patriotic Celebration (courtesy photo).

Jason was transported by ambulance to the hospital where he spent four days in the intensive care unit. As a result of the impact, Jason suffered a fracture to his skull and a stable fracture in the lumbar portion of his spine.

Wanting to help Jason and his Williams, at the Weare family, plans for "Bull Run for JWT LLC" went into motion. Due to the overwhelming generosity of his fellow truckers, friends and family,

Bull Run was a huge success - not only as a fundraiser, but also as a spirit booster. Jason has helped many people over the years. This was an opportunity to give back to the man who was always willing to help someone in need.

Jason has made amazing progress in his recovery and shows steady improvement every day. His determination to fully recover and get back to seeing life through the windshield again is inspiring.

The Williams family is grateful beyond words for everyone who has shown support for Jason and his family. With Thanksgiving approaching, we have a lot to be grateful for and that includes all of you.



Grant Recipients for 2023

This year, the Rotary had a total of 17 local groups ask for a grant. Each

organization serves all or part of the four towns our club covers: Goffstown, New Boston, Dunbarton and Weare, and each provided us with a compelling submission about what they do to support the communities they serve.

We were happy to be able to meet the needs of everyone who asked. Below is a list of the recipients:

- Community Caregivers of Greater Derry
- Daniel Webster Council, Boy Scouts of America
- Friends of the Weare Public Library
- Goffstown H. S. PowerKnights Robotics Team
- Goffstown Historical Society
- Goffstown Junior Baseball
- Goffstown Public Library
- Granite State Generosity
- Hand-in-Hand Senior Center of Weare
- Hillsborough County 4H
- New Hampshire Musculoskeletal Institute Safe Sports
- Second Chance Ranch Rescue
- South Weare Improvement Society
- UpReach Therapeutic Equestrian Center
- Weare in the World news
- Weare Public Library
- YMCA Allard Center

Assistance for Single Women in Need

The Joseph Stone Fund was created in 1896 to provide



assistance to "widows and unmarried women, who are inhabitants of the Town of Weare, entitled and worthy of aid." The funds are managed by Weare's Trustees of the Trust Funds and the interest and earnings are distributed by a committee

made up of appointed members of the Town's churches, the Weare Welfare Officer and a representative of the Weare Board of Selectmen, in accordance with the terms of the Fund. Please contact your church or Weare Welfare offices if you or anyone you know would be eligible and in need of such aid.

The application deadline is Wednesday, Nov. 22. The Committee will meet Nov. 29 to review them.

Please contact Weare Welfare offices (603-529-2572) or the Stone Fund (603-995-4311) if you or anyone you know would be eligible and in need of such aid. Applications: https://www.weare.nh.gov/sites/g/files/vyhlif5161/f/news/stone_fund_application_form.pdf

DCC Women's Guild Activities

By June Holm

Next Zoom meeting: Wednesday, Dec. 6, 1 p.m.

Just in time for the holidays, the DCC Women's Guild wraps up a successful year of fundraising and friendship with its annual donations to community nonprofits. The Guild supports the Deering Community Church, where they meet during the warmer months. In addition, they have been able to give gifts to food pantries in Weare and Hillsboro, Hand in Hand Senior Center in Weare, End 48 Days of Hunger Program, Hillsboro's Operation Christmas, Lions Club Christmas Baskets, Greater Hillsboro Senior Services, Heifer International (where they purchased a family a goat) and One Great Hour of Sharing, which supports agriculture and food projects as well as disaster relief around the world.

In addition, the Guild undertook fundraising projects that included a raffle and participation in the Summer Faire on church grounds to supplement a budget set aside for these gifts. With the help of many Hillsboro and Deering businesses, the raffle grew. The Guild appreciates the boost to giving this has enabled.

This wasn't all work and no play. Members shared good times together while fundraising, and at monthly meetings, there was always conversation about the highlights (and some of the challenges) in each person's life. The Guild presented two informal talks of interest to seniors, and is about to plan next year's agenda.

Meetings are open to any woman from Deering and nearby towns including Weare. There are laughs along the way, good information about practical matters is shared, and much support ripples beyond meeting space into the community. Winter meetings are held on the first Wednesday of each month at 1 p.m. on Zoom. To join electronically, contact June at herbittoday@gmail.com.



News from the WPD

From the Weare Police Facebook Page
With winter knocking at the door, we need to keep our elders in mind! As we grow older,

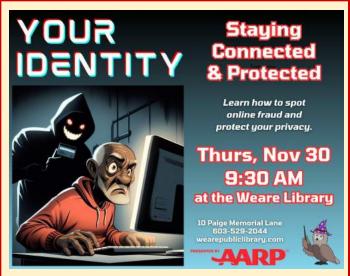
some daily tasks can prove to be quite challenging.

As an example, what was once a simple walk out to the mailbox might now bring a real concern of slipping and falling! By taking a moment to check in on our neighbors we very well might make a world of difference!

As a reminder, the Weare Police Department's **Supporting Our Seniors Program** was put into place with these respected community members in mind. For more information, simply click the link below:

https://www.weare.nh.gov/weare-police-department/safe
ty. Let's stay warm, well and wise even when the snow flies!

Weare Public Library News



Upcoming Program

Your Identity: Staying Connected and Protected Nov 30 at 9:30 a.m.

Millions of consumers are victims of identity fraud and identity theft every year. Since we all spend time shopping online and cruising the web, we need to be more vigilant than ever of security breaches. In a few simple steps, we'll show you how. Presented by the AARP of NH.

Borrow a Telescope from the Weare Library

Through the New Hampshire Astronomical Society, the



Friends of the Weare Library purchased an Orion StarBlast Telescope - just in time for the winter stargazing season. It's robust with a wooden base, not the usual spindly tripod legs, and easy to use. The large optical tube means that the moon and deep sky objects will show far more detail than one could see with the common "beginners" telescopes. It also has a large field of view

that allows the object to stay in the eyepiece longer. Easiest of all: Stopping by the library to check-it-out and take-it-home!

Closed on November 23 and 24. Happy Thanksgiving!

SENIOR CENTER & THRIFT SHOP

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The Hand in Hand Senior Center is a gathering place for seniors to socialize and get involved in group activities.

33 North Stark Highway, Weare, NH 03281 Wed - Fri, 11 a.m. - 4 p.m.; Sat: 10 a.m. - 4 p.m. 603-529-4263 / facebook.com/hihsc.org

"The most truly generous persons are those who give silently without hope of praise or reward." - Carol Ryrie Brink. Hand in Hand Senior Center and Thrift Shop is blessed with those kinds of people. Be it a quietly generous person who joins us for lunch, the Rotary Club, Granite State Pioneers, Cold Springs Campground or anonymous people who bring us food or treasures they no longer need; they are the most generous among us. We are so thankful and hope that they know that they are making a difference in the lives of all the people who enjoy what Hand in Hand Senior Center and Thrift Shop has to offer.

If you have a craft that you're working on and want some help or just to be around other crafters, join Donna McCarron on Mondays at noon. Tuesdays, join chair yoga at 10 for a half hour of simple exercise. Wednesdays, there's lunch from 11 a.m. - 1 p.m. and many gather after to play cribbage, enjoy chatting while crafting, or sitting around with a cup of coffee and some friends, new and old. Every other Saturday, arts and crafts with Donna Carey will continue through December.

A special **Thanksgiving dinner** will be served on Thanksgiving Day at 1 p.m., thanks to Shirley and Jim Higgins. Please call the center or stop by to sign up if you'd like to join them. Delivery will be provided if needed, just call so they can plan on it. Thanks Shirley and Jim and the others helping them.

Don't forget to mark Nov. 30 on your calendar. Be at the Weare Library at 9:30 a.m. for an AARP presentation about "Your Identity: Staying Connected and Protected." Learn about fraud and ways to prevent getting caught in its web. This is important information for all, no matter your age.

Have you ever wondered what a good volunteer looks like? Meet Nancy Christian! She volunteers at Hand in Hand Thrift Shop three days a week sorting, pricing, washing, testing and, well, anything else that needs to be done at any

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moment, including working the register. She does it with great humor and a giggle. Since retiring from her career in higher education administration, she finds that the Thrift Shop is a great place to spend time; she enjoys talking to customers and donors and spending time with other fun-loving volunteers.

Nancy hopes that Hand in Hand Senior Center and Thrift Shop will continue to expand and provide more opportunities for seniors, such as group outings for shopping, museum visits, and other adventures that will bring pleasure and variety to those taking advantage of it.

Keeping busy is not a problem for Nancy. She has goats and chickens (and, by the way, makes delicious goat cheese) which she got shortly after moving to Weare in 2011. Before moving to Weare, she resided in Massachusetts, California, Maryland and Georgia. She's involved in several organizations including the Garden Club, and serves as a Supervisor of the Checklist. Stop by Hand in Hand, Wednesday to Saturday anytime from 11 - 4 and check out which of the many jobs she is doing.

WHAT'S FOR LUNCH?



Wednesdays 11- 1. Dine in, take out or free delivery.

<u>Nov. 22:</u> Marianne's chicken casserole, farmhouse apple coleslaw

Nov. 29: Chicken croquettes, mashed potatoes and gravy, green beans, garden salad

<u>Dec. 6:</u> West African chicken stew, green bean and radish salad

Coffee, tea, and various desserts are also available.

WHAT'S IN THE SHOP?



BLACK FRIDAY ONLY! THE ENTIRE SHOP IS 10% OFF!





See up-to-date information on our Facebook page, www.facebook.com/hihsc.org and like us while you're there.



Maxwell Post and Office Manager Jessica Post of Any Path Physical Therapy (Sharon Czarnecki photo).



Spotlight on Any Path Physical Therapy

By Sharon Czarnecki

Maxwell Post PT, DPT, CLT is the owner of Any Path Physical Therapy, located in Weare, which is now open and accepting patients. Post explains he chose to open in Weare because with a population of nearly 9,000 people, it has little in the way of medical providers. Hopefully now, healing can take place right here where we live. The clinic is conveniently located in Lanctot's Plaza, 425 South Stark Highway.

Post obtained a bachelor's degree in Outdoor Education and a minor in Business from Johnson State College before deciding to further his education, whereupon he obtained a doctorate in Physical Therapy from Husson University.

At Any Path Physical Therapy, he treats a wide range of conditions, from orthopedic to neurological. Post himself has been a patient of physical therapy on numerous occasions. most notably with a herniated disc, which resulted in a loss of sensation, motor control and even bladder control. As a result, he required surgery to remove the disc and a long course of follow up physical therapy. Post was focused on getting back to his adventures in outdoor New Hampshire. He was thrilled when hard work in therapy brought him from his most vulnerable to stronger than he was before. Naturally, it helped inspire his journey through graduate school. Thus, Post is happy to be able to sympathize with his patients about their injuries and conditions but, more importantly, offer them hope for recovery.

Post sees the patient experience as very important and because of that has developed expertise in as wide See THERAPY, page 10

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a range of treatments as feasible. His background includes complex orthopedic, neurological and oncology cases including fractures, stroke and cancer. He is also able to review medications and has a broad choice in which modalities to use for specific injuries.

In addition to other areas of care, Post is also a certified lymphedema therapist CLT. As such, he is trained to work with oncology patients using exercises for fluid control, massage and wrapping. It is an area he decided to pursue partly because he has family members who have had to deal with it.

Of course, part of the patient experience is good listening. Post states he pays careful attention in order to know how the injury is impacting their lives. What activities have been curtailed? Who is helping at home when needed? Understanding what the priorities are in a patient's life helps him to plan the most effective therapy and to make a solid difference as fast as possible.

Post also wants our readers to know that he prides himself on being a patient advocate to help someone get the medical equipment they might need, to understand and, where possible, improve the home situation and to see them happy with their recovery.

The name "Any Path" stems from the fact that he has been able to lead people down some amazing and very individualized paths in their journey back to recovery. In his opinion, it is crucial to understand how the patient sees that path and to recognize that the paths are not at all the same.

Hours are flexible from 7 a.m. - 7 p.m., Monday-Friday and he is also open two Saturdays per month. Call 603-316-4942 or email contact via their website at https://anypathphysicaltherapy.com



Looking for Something to Do?

Compiled by Sharon Czarnecki

The 53rd Annual Festival of Lessons & Carols

Part of the FREE Keiser Concert Series

Dec. 10, 5 p.m. St. Paul's School, Concord

www.sps.edu

This Festival is modeled on the service at King's College in Cambridge, England, which recently celebrated its 100th anniversary. Since 1919, the service has always opened with the singing of "Once in Royal David's City," building in procession from a solo treble voice to full choir, congregation, and organ.

The music in the service begins with an extended organ prelude played by the school organist, Nicholas

White, with music by J. S. Bach. The service then features mainstays of the Lessons and Carols tradition.

More recent compositions include John Rutter's "All Bells In Paradise" and the much-loved "O Holy Night" or "Cantique de Noël" by Adolphe Adam reflect on the birth of Jesus as humanity's redemption.

Finally, Nicholas White's carols are represented by two compositions. The first, "Alma Redemptoris Mater," is a recent setting of a Marian Antiphon for the season of advent, asking for mercy on all people. The other carol is White's haunting setting of the allegorical Middle English hymn, "The Corpus Christi Carol," with its symbolic refrain, "Lully, Iullay, the falcon has borne my mate away."

The congregation is asked to stand and join in the joyful singing of well-known carols, "Once In Royal David's City," "Unto Us Is Born A Son," "Hark The Herald Angels Sing," "We Three Kings," and "O Come, All Ye Faithful," and all are warmly invited to attend. Doors open at 4:30 p.m.



Asked and Answered: Thanksgiving



Thanksgiving

Several hills from here
The organ labors through a hymn,
Congregation mouthing words of praise:
Their eyes say nothing.
Milky sun
above a hundred fledgling hardwoods
straight as pencil strokes,
uncanny autumn warmth
as hunters passing on the trail
report no quarry. With a look
we understand each other's gratitude
for forest scents and silences.
A single leaf released to drift to ground
Can be the miracle that moves
An overflowing heart to song.

-Chris Haque



Pumpkin Muffins

By Tara Marvel

When we look back on this food-based holiday, there are so many great successes to talk about and so many of our family cooks are known for their specialties.

But sometimes, it is the mistakes that linger in our memory. I recall my mother serving a pumpkin pie one year – something she had done to rave reviews dozens of times. Except *this time*, she forgot to put the sugar into the mix. It certainly was not what anyone was expecting!

But mother was both frugal and resourceful. She scooped the pie mix out of that pie and made several lovely pumpkin muffins for breakfast the next day!

A Few of My Favorite Things

By Marge Burke

I have many Thanksgiving memories and current activities that are favorites. As a child, it was "over the river and through the woods, to grandmother's house," where our family would gather around a table for a dozen or more, share stories and good food.

Now, many years later it is, "over the woods and through the woods to my granddaughter's house," again where my family gathers around a table to do the same thing, most importantly, sharing things we are thankful for during the past year. All of us pitch in with the food preparation, from my son smoking a turkey, to granddaughter roasting one, and others making the side dishes.

However, I have an all-time favorite for the end of the day into the next day: making turkey soup. I simply must have my turkey soup. I leave generous amounts of turkey on the bones as I tear the carcass apart and put it in a crock pot, adding carrots, peas, celery, onions, broth, herbs and any leftovers, like mashed potatoes and dressing, cover, and let simmer overnight or longer. I wake to a wonderful aroma of turkey soup cooking and can hardly wait until dinner time to eat it. Usually, there is some left to be frozen and enjoy on a cold, snowy winter night. Mmm: I can taste it now.

Thanksgiving Minus One

By Sharon Czarnecki

My friends and I were chatting today and so many of us are facing "altered" holidays this year — or perhaps we have been coping with them for a few years. With one less loved one in the circle, there is clearly a void to be filled.

We are all different when it comes to this. Myself, I find I must be almost fierce in my determination to dwell on the happy times I was fortunate to have. After all, if I am missing something, then it is something I had to begin with, right? Being grateful for that blessing and seeing it as a foundation for future happy times is — as they say — a game changer.

With that in mind, and with everlasting gratitude, I dedicate this perception of the word "Thanksgiving" to my late husband Andy and to all the others our community will be including in our celebrations as a foundation for the way forward.

TIME TOGETHER

HOLIDAYS

ADDED JOY

MIGHTS THAT SPARKLE

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GIVING SELFLESSLY

INVITATIONS & PARTIES

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GATHERING MEMORIES

A New York City Thanksgiving

By Diane T. Padilla

Thanksgiving was always an extra special holiday for me when I was a little girl in New York City. It was my second favorite holiday, right behind Christmas. I always looked forward to this time of year, because it meant getting together as a family – and getting time off from school! I have two special Thanksgiving memories that stand out for me: the preparation of the feast and the football game.

On Thanksgiving morning, we'd get up, eat breakfast, then my brother and I would watch the Macy's

See THANKSGIVING, page 12

THANKSGIVING, continued from page 11

Thanksgiving Day parade. I always enjoyed the many different floats, the balloons, and, of course, the Rockettes. I was always amazed at how high they could kick!

Meanwhile, Mom was in the kitchen preparing the turkey. She'd always wait for her father to arrive and take over the cooking. Thanksgiving was one of the rare times Mom would let anyone else run her kitchen. When he arrived, cooking commenced. One of my mom's brothers, Uncle John, was invited to join us; he'd regale us with his stories of time spent in the city with his friends and coworkers.

I'd sneak a peek into the kitchen and I watched as Grandpa sewed up the turkey with one of Mom's large needles, as precise as a surgeon. I enjoyed the stuffing best; it's based on a special family recipe that uses a mix of pine nuts and beef cooked in olive oil, then placed inside the turkey for added flavor. These key ingredients gave the stuffing a savory flavor that I always associate with my mom's Greek heritage. Next, roasted sweet potatoes placed next to the turkey, which was sprinkled with sesame seeds, then vegetables, and there was the meal. Finally, it was time to eat, and what a fine feast it was!

My second memory was watching football with my father. I didn't understand the game, so I asked Dad a lot of questions. He tried to explain, but sometimes he'd interrupt himself with either a joyful, "He scored a touchdown!" or with a disappointed, "He dropped the football!" But for me, the most important thing was I got to spend time with Dad, sitting together and getting a little bit closer to him.

This year, I will spend Thanksgiving with my brother and his family, and as I start the cycle of special events and holidays without either parent, I can at least console myself with memories of a holiday filled with family, warmth, and togetherness.



Tell Us About:

Pre-Holiday Events

What does your family enjoy as you celebrate the holidays? Do you go to concerts or plays or ballets, such as The Nutcracker? Do you have favorite books, baking, cookie swaps? Do you cut your own tree?

Chlorise & Pretzel

By Sharon Czarnecki

Everything about her was perfect, of course. If you had any doubts, you could just ask, and she would be

happy to tell you herself.



Marlayna Keane photo.

Chlorise arrived early. She was out on the tip of a branch that was on the tip of a limb that was near the top of the trunk. So, of course she was early. It was practically

preordained, is what it was. I tried to tell her it was just genetics, pure and simple, but she disagreed. She

always said she came from a great family, and they all

worked very hard to get her where she was. She pointed out that her whole section of the tree was incredibly supportive and proud of her.

As time passed, she unfurled gracefully and took full advantage of all the gentle breezes. If the sun was behind her, she would tip herself this way and that and admire her "huge" shadow on the ground. She was insufferable.

Chlorise never got a rip or crack or even any bird poop on her. In fact, she was good friends with all the birds because she pointed out bugs and insects that were very far away from her and encouraged her feathered friends to dispatch them immediately, lest they get on *HER* very own section of the tree.

Now, the tree grew in a corner near the house and I myself was a few branches beneath Chlorise. The part of the tree I was on was bent at an odd angle. There was an old rusty pulley attached to the tree and I think perhaps a clothesline ran by in years past and might have caused the groove I could see on the trunk. I was nothing special. Most of us are not like Chlorise and we enjoy being an integral part of a big strong and durable enterprise like the tree. I mean we all knew that "Tree" as we called him, needed each and every one of us.

My little section was a bit crowded, and I had to be pretty creative to get the light I needed. So, I learned to flip sideways, stretch, curl and even tangle with others

See CHLORISE, page 13

CHLORISE, continued from page 12

so I could get every shred of light there was. One evening an owl landed on "Tree" and was chuckling to himself. A crow asked him what was so funny, and he said, "Oh, that leaf is always contorting himself. He's like a pretzel." That's how I got my nickname.

Fall came. If you think Chlorise was conceited before... Well, she outdid herself. She was glorious with every shade of color fading in and out on both sides of her. And the chatter. Good grief! "What looks better, do you think, my purple corner or this lovely fuchsia over here?" Then one day, I woke up and it was quiet. She was sitting on the ground over by the front doorsteps.

I noticed we were all falling off – more and more each day. I studied the drafts and watched the air currents. I decided to show Chlorise that I, too, could be spectacular. I knew the people would be home soon and I wanted to surprise them. So, I waited for just the right draft, I held my breath, I twisted and turned, and I floated gracefully to the top stairs and – I "stuck the landing!" I was elated. When the lady came home, she even took my picture. The porch light came on and the shadow I cast was <u>HUGE!</u> I stayed there for days and days. Chlorise was so jealous she was pouting.



POETRY CORNER

Our World Cries

There is no peace, these days, violence, hatred, poverty, hunger, wars, diseases spread like wild fire around the globe, blighting any spot that welcomes them, power towers over peace, this land is mine, I'm more important than you, and so it goes, one upmanship, peace, harmony, justice, no longer visible even in the rear view mirror, oh, that we would take a deep breath, sit with our neighbor beside the river, listen to each other's stories, listen to the wisdom of the river, ages old

life giving water, flowing freely down stream joining with other rivers, reaching the ocean where all becomes one, where the whale pods listen to other pods and all then sing the same song, soothing songs of peace and joy, and justice,

find your river of peace, cherish it, inhale its strength, quench your thirst for peace, drink deeply from it, find the rocks grounded there, solid foundation for lasting peace.

-Marge Burke

Collision

Two seasons collided, a light snowfall before all leaves left their branches, puzzlement, in between space, neither season ready to take their place in the rhythm of convention, one lingers, the other hastens to make its presence known, a fleeting occurrence before returning to before.

-Marge Burke



Check out past issues of Weare in the World, our Business Issue (listing more than 75 local vendors!) and more at

www.weareintheworldnews.com



Weare in the World will produce our final issue of 2023 on Dec. 13. Contributors are welcome to send news for the remainder of the year for consideration in the final

issue. We will be back in January 2024!

Mark Your Calendar

Tuesday, Nov. 21

6 p.m. - Board of Fire Wards meeting

Wednesday, Nov. 22

6 p.m. - Ethics Committee meeting

Saturday, Nov. 25

9:30 a.m. - Weare Republicans meeting

Monday, Nov. 27

6:30 p.m. – Board of Selectmen work session

Tuesday, Nov. 28

6 p.m. - Weare School Board meeting

Wednesday, Nov. 29

6 p.m. - Stone Fund Committee meeting

7 p.m. – Finance Committee meeting

Friday, Dec. 1

11 a.m. - Weare Area Writers Guild meeting

Monday, Dec. 4

6:30 p.m. - Board of Selectmen meeting

Tuesday, Dec. 5

7 p.m. – Garden Club meeting

7:30 p.m. - Zoning Board meeting

Wednesday, Dec. 6

6 p.m. – Ethics Committee meeting

6 p.m. - Mildred Hall Advisory Committee meeting

7 p.m. – Finance Committee meeting

Thursday, Dec. 7

7 p.m. - Public Library Trustees meeting

Monday, Dec. 11

6:30 p.m. - Board of Selectmen work session

Contact Us

weareintheworldnews@gmail.com

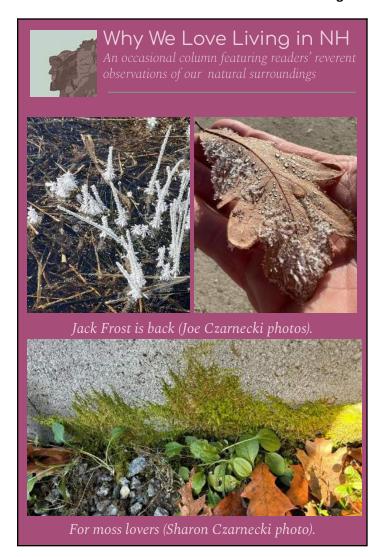
Editor - Karen Lovett

Assistant Editor – Alyssa Small

Town News - Tom Clow

School News – Marge Burke

Community Outreach - Sharon Czarnecki



Weare Business Corner

LOOKING FOR A CAR?

Allied Auto Wrecking is taking bids on an abandoned vehicle. 2012 Kia Forte VIN KNAFT4A25C5625555. Bids will be taken from 9-10 a.m. on Monday, Nov. 27 at 32 Dustin Tavern Road.. For more information, call 603-529-5277. All paperwork has been done pursuant to RSA 262:34 and/or RSA 444:4-A



ph: 603-529-7211 ext 10 fax: 603-529-0134

web: www.alliedautowrecking.com







MUSICIAN WANTED

Holy Cross Church is looking for a pianist or organist to play hymns and service music for Sunday services (10 a.m.) If you are interested, please email the Vicar drferner47@gmail.com for more information.



Contractors for Seniors

Calling All Weare Businesses

Would you like to be on the approved list of businesses that our senior citizens can turn to when they are looking for help? We need handypersons, plumbers, electricians, carpenters, snow removal, yard care, painters and drivers.

The Hand in Hand Senior Center is hoping to help our citizens learn who they can turn to for local help when they need it. By encouraging "shop local first," we are looking to establish an even tighter sense of community and caring where everyone benefits.

To get on the approved list, please contact: hkurk@hihsc.org.

