

# **Weare in the World**

For Weare Residents, By Weare Residents

January 8, 2025

# **Town and School Filing Periods**

By Tom Clow

The filing period for town and school district offices opens on Jan. 22 and closes Jan. 31 at 5 p.m. Those wishing to file for town offices may do so at the office of the Weare Town Clerk. According to the SAU 24 website, anyone wishing to file for positions in the Weare School District or John Stark School District should contact the office of the Superintendent of Schools at (603) 428-8863.

The following positions are open:

Town of Weare		
Board of Selectmen	One three-year term	
Moderator	One oneyear term	
Town Clerk	One three-year term	
Treasurer	One three-year term	
Library Trustee	One three-year term	
Trustee of Trust Funds	One three-year term	
Ethics Committee	Two three-year terms	
Weare School District		
School Board Member	One three-year term One one-year term	
School District Moderator	One three-year term	
John Stark School District		
School Board Member	One three-year term	
Weare		
School Board Member Henniker	One three-year term	
School Board Member	One three-year term  One one-year term	



# POETRY CORNER



(Alyssa Small photo)

# **Babbling Brook**

Barely a flutter of motion is heard from the brook as it meanders through woods, surface resembles an unfinished puzzle, frozen snow covered ice chunks hover on stilled brook's uncertain future, refreeze or thaw.

-Marge Burke



"Talk" To Us

New Beginnings

Deadline: Jan 17

weareintheworldnews@

gmail.com

Upcoming Public Hearings		
Jan. 15 7 p.m.	Weare School District Budget Hearing	WMS Room U035
Jan. 16 7 p.m.	JSRHS School District Budget Hearing	JSRHS Room 144
Jan. 20 7 p.m.	Town Budget Hearing	Town Office Building conference room
Feb. 1 9 a.m.	Town Deliberative Session	WMS Cafeteria
Feb. 5 7 p.m.	Weare School District Deliberative Session	WMS Cafeteria
Feb. 7 7 p.m.	JSRHS Deliberative Session	JSRHS Cafeteria
Voting Day: Tuesday, March 11 WMS Gym		

# **Unanticipated Funds Accepted; Year-End Purchases Approved**

By Tom Clow

Following a public hearing on Dec. 30, the Weare Board of Selectmen voted to accept unanticipated revenue in the amount of \$45,125 from Primex, the town's insurance carrier. The money was from an insurance claim for a 2021 Chevrolet Tahoe police cruiser that was considered totaled. When asked if the revenue would go into the general fund or be encumbered for use toward a replacement vehicle, Board Chairman Janice Mathews said the money had already been assigned toward the purchase of a new vehicle.

# **Year-End Purchase Requests**

After reviewing the remaining funds in the 2024 operating budget and a list of commitments for the remainder of that budget year, Finance Administer Beth Rouse presented the board with year-end requests from department heads. After discussion, the board approved the following purchases.

**Police**: water filtration system for safety complex - \$28,955. **Fire-Rescue**: nine sets of turn-out gear, \$54,000; pump repair to Engine 2, \$21,640.81; generator at South Station, \$12,000. **Town Clerk**: new voting machine, \$7,000. **Department of Public Works**: asset software, \$15,000; spare plow -\$10,000.

## 2025 Appropriation Review

Rouse also presented the board with an updated draft of the 2025 proposed and default budgets. It showed a

proposed budget of \$9,177,438, which represents an increase of 7.92% over the 2024 approved budget. (It should be noted that the 2024 approved budget was actually a default budget.) The 2025 default budget would be \$8,914,515 according to the draft presented on Dec 30.

# **Plastic Recycling in Weare**

By Sharon Czarnecki

One of our readers has been asking what happened to plastics recycling in our town. An interview with Jason Fiske, Director of Public Works, provided some answers. The quick answer is that it is a complicated situation. At this time, Weare does not have enough personnel at the transfer station to make it cost effective. One more full-time person (currently, there are two) would be required, and even then, Fiske said it would take time and training. However, he added, plastics recycling is a goal they would like to reinstate.

Plastics recycling is a complicated and always fluctuating market. Per Fiske, the price to recycle goes up when gas prices are high and down when they are lower. Many communities in New England (including Weare) use NRRA (Northeast Resource Recovery Association) to manage this market for them. The town pays an annual fee of \$200. NRRA constantly "shops" for the best prices being offered, arranges a sale and picks up and distributes the materials from our location. (Fiske said he cross checks these prices every few months to be certain Weare is still getting the best deals.) It is an advantage if the materials can be stored for a period of time since one can wait for better prices if necessary. The town of Weare does not yet have a storage area, but will be building a lean-to for this purpose later this year.

Currently, Weare recycles paper, cardboard and metal. Fiske is also exploring ways to include glass in that mix, although contamination from items not being rinsed out is a big issue in this category.

Last year, the town took in approximately \$60,000 in revenue from recycling. Fifty percent of that goes back to the taxpayers in the general fund and the remainder goes to meet pressing needs at the transfer station.

There are seven types of plastic, and, in 2024, they were bringing in the following prices for a one-pound increment:

- 1: Polyethylene Terephthalate (PETE or PET), used in plastic water and soft drink bottles, salad dressing containers, and peanut butter jars - \$32.44 in May
- 2: High Density Polyethylene (HDPE) plastic bottles, milk jugs, shampoo bottles, bleach bottles, cutting boards, and piping - \$58.00 in Nov
- **3**: Polyvinyl Chloride (PVC or Vinyl), used in pipes, food containers, and shrink wrap

- 4: Low Density Polyethylene (LDPE), used in dry cleaning bags, shopping bags, garbage bags, and paper milk container coating - \$67.00 in Nov
- 5: Polypropylene (PP), used in yogurt containers and medicine bottles - \$.50 in May
- 6: Polystyrene (PS), used in cups, plates, and takeout containers
- 7: Other, used in reusable water jugs and oven-baking bags

Reference for price listings: www.recycleinme.com and AI overview.



# **WEARE POLICE** News from the Weare **Police Department**

**Safety Tips** 

Motion lighting, motion lighting, motion lighting! Consider investing in security cameras. Always secure your home; second story doors and windows too! Don't leave ladders laying around your yard for easy access. Buy a security bar to prevent the jimmying of sliding-glass doors. Always lock the door leading from your garage into your home. Use really strong screws on your shed door hinges.

For more from the police department, call the business line at 603-529-7755, or go to the website. Also, find more information on Facebook.

# Chase Park Winter Access

Effective as of Jan. 3, the gates of Chase Park are open for winter access to the lake, according to information from Weare Parks and Rec. All vehicle access must be through the boat ramp gate. Under no circumstances are vehicles to access the lake across any of the beach access points. Violators shall be held responsible for any and all damage. Use of the lake through Chase Park is at your own risk. Parks and Recreation and the Town of Weare make no assertion as to the safety of the ice. Gates will be closed in the spring, weather permitting, no later than April 1, by which time all bobhouses must be removed.

# **Weare Pink Ladies Meeting**

By Lily Tang Williams

Our next luncheon will be a potluck on Thursday, Jan. 16 from 12-2 p.m. For location (and to let us know which dish you are bringing), contact Lily at lily4liberty@comcast.net. This is a fun get together for members of Weare Pink & Friends to form friendships and support each other in this busy world.

# School News



The world famous Harlem Wizards will visit Weare Middle School on Jan. 28 for a night of tricks, hoops and alley-oops! The game – which is a fundraiser for the WMS eighth grade Washington D.C. trip - begins at 7 p.m. For ticket information, go

In CWES library classes, students are beginning to learn



how to research a topic, and what better way to begin than to delve into the world of penguins! Using books and digital resources, they uncovered fascinating facts about these flightless birds. To truly immerse themselves in the penguin experience, the students participated in a hands-on activity simulating the challenges of being penguin parents. With plastic eggs

representing fragile penguin eggs, students worked together as a penguin colony to practice balancing them on their feet—just as emperor penguins do to protect their young. Laughter filled the room as students navigated obstacles, discovering firsthand the incredible care and teamwork penguins exhibit during parenting. Photo caption: CWES third graders Elaina Lee and Alana Pinsonneault.

The health offices at CWES and WMS extend deepest gratitude to everyone who donated to the Angel Tree Program this year. Your kindness and generosity have helped make the holidays brighter for those in need within our community. A big thank you to Country 3 Corners for its commitment to making the season brighter by annually hosting an Angel Tree. Wishing everyone a safe and healthy start to 2025.

# Weare Public Library



A Saturday Morning Celebration of Animation! For all ages. Jan. 18 at 10:30 a.m. From Bugs Bunny to SpongeBob – join pop culture historian and author Marty Gitlin for a hilarious presentation on the cartoons and characters that we grew up with – with dozens of clips and a trivia challenge! Wear your PJs. Bring your stuffies. We'll have cereal and coffee.

## JANUARY SPECIAL EVENTS

<u>Playdough Playtime.</u> Tuesday, Jan. 14 at 10:30 a.m. (ages 1+). Stop by for free play with a variety of playdough and tools. At 3:30 p.m., (ages 4+) we'll make playdough with different recipes, followed by time to play.

<u>Lego Club</u> (ages 5-12). Thursday, Jan. 16, 2-4:30 p.m. Stop by and see what you can build with our huge supply of Legos!

Messy Art (ages 0-6). Wednesday, Jan. 22 at 10:30 a.m. Create your own masterpiece using a variety of craft materials.

<u>Book Group</u> (adults). Wednesday, Jan. 22 at 7 p.m. We're reading and discussing *West with Giraffes* by Lynda Rutledge. Call us to reserve your copy.

<u>Herbal Mocktails</u> (adults). Thursday, Jan. 23 at 5:30 p.m. and Saturday, Jan. 25 at 11 a.m. Blend and play with herbal mocktails at this free workshop! Sample drinks and leave with recipes to try at home. Call us to register for one of the two classes.

Glow Lanterns (grades 3-8). Tuesday, Jan. 28 at 3:30 p.m.

Make your own glowing lantern with a dinosaur or fairy garden theme. Call us to reserve your spot.

#### **WEEKLY EVENTS**

Mondays, 2:30-4 p.m. <u>PokeMondays</u> (kids). Meet, trade, and play with other Pokemon card game enthusiasts and win prizes.

Tuesdays & Thursdays, 2-4:30 p.m. <u>Cards!</u> (adults). Meet and play pinochle or cribbage with other card game enthusiasts in the Paige Room.

1<sup>st</sup> & 3<sup>rd</sup> Tuesdays of the month, 2:15-3:30 p.m. <u>Manga & Anime Club</u> (ages 10+). Stop by after school to talk about manga and watch your favorite anime shows!

Wednesdays, 2-4:30 p.m. <u>Afterschool Gaming</u> (ages 6-18). Challenge your friends on the Nintendo Switch, PlayStation, and other game systems.

Thursdays, 1-3 p.m. <u>Craft Group</u> (adults). Learn a new craft.

Fridays, 10:30-Noon: <u>Baby & Toddler Playgroup</u> (ages 0-3). An informal gathering for young children and their caregivers. Get out of the house; meet new friends! Books, puzzles, early literacy toys, & music.

For registrations, the library phone # is: 603-529-2044.



# **Herbal Mocktails and New Year Resolutions**

By Sandy Turcotte

Around this time of the year, most people are setting their sights on creating new year goals. Some individuals set their sights on getting back to the gym or trying to keep on that diet they have been meaning to stay on. People try to review the past year and say, "How can I make this year different?" People want to be realistic about what they can change and what they can actually accomplish. We all know that it's not that easy to make changes, but new studies are showing that if you try to appreciate and be grateful for all the good things in your See MOCKTAILS, page 5

# **MOCKTAILS, continued from page 4**

life, you can improve your happiness by approximately 25%! Being grateful can be part of the way towards achieving our own goals, but another way to help get people healthier is not always what people think about first....reducing the consumption of alcohol.

"Dry January" is a challenge to abstain from alcohol during the month of January. More and more people are realizing that they can improve their health overall by avoiding or reducing alcohol in their diet. There are many benefits to short term alcohol abstinence. According to U.C. Davis Health 2023, the benefits are many: better sleep, improved mood and energy levels, weight loss, increased physical activity due to more energy, better diet due to restraint and less empty calorie intake, reduction in liver fat and blood sugar, decreased growth factors related to cancer, insulin resistance and blood pressure.

A few ideas to aid in finding success in Dry January is to keep alcohol out of the house and to try to find (or better yet, make) a substitute non-alcoholic drink. Mocktails, for example, are perfect for social situations, or when there is a craving for a good drink. Making mocktails is fun and people can be very creative with the ingredients they use. Mocktails can taste like the drinks that some are drawn to, or they can taste like something they never thought would taste so good! As an added benefit, one can also include all kinds of medicinal and culinary herbs in their drink. If you are interested in learning how to make mocktails, join me at the Weare Public Library on Thursday, Jan. 23 at 5:30 p.m. or Saturday, Jan. 25 11 a.m. for some fun herbal mocktail making! Please register by calling 603-529-2044. Space is limited.

Good luck with your New Year Resolutions!

# WAC Fundraiser at Lakes Region Casino from Jan. 11-20



# HAND IN SENIOR CENTER HAND & THRIFT SHOP

The Hand in Hand Senior Center is a gathering place for seniors to socialize and get involved in group activities.

33 North Stark Highway, Weare, NH 03281 Wed. - Sat., 11 a.m. - 4 p.m.

603-529-4263 / www.facebook.com/hihsc.org

Hand in Hand Senior Center has some worthwhile activities planned for January and we invite you!

A new session of Tai Chi will begin on Tuesday, Jan. 7 and meet every Tuesday and Thursday at 8:45 a.m. for an hour. **Sign up now**.

Chair Yoga continues to meet Mondays and Thursdays at 10:30 a.m., followed by Yoga 2 (more advanced yoga) at 11 a.m. on Mondays. Our craft this month is making beautiful pipe cleaner flowers (they'll last forever) with Donna. Join this fun-filled activity beginning Tuesday, Jan. 14. Sign up at the Center or call 603-529-4263 so we have enough material for all.

Take an afternoon off and come and watch "The Intern" on Tuesday, Jan. 21 at 2 p.m. This movie stars Robert De Niro and Anne Hathaway. It is a deeply felt, heartwarming movie about friendship, careers and marriage. Hot dogs and popcorn are always available.

Wednesday, Jan. 22, Fire Chief Roarick will join us for lunch and will remind us how to stay safe in our homes during the winter months.

And finally, mark your calendar for Monday, Jan. 27 at 1 p.m. We'll have a presentation by Granite VNA titled "Exploring Forgetfulness as We Age." Spread the word and bring a friend.

Our hearts were warmed as we closed the books on 2024 with a joyful sing-along with Mike Aud, and a wonderful Christmas dinner on Christmas Day thanks to director Shirley Higgins and her crew. Businesses like Pampered Touch Hair Salon helped to stock our small food pantry. TD Bank and organizations like the South Weare Improvement Society (through the Lundh family) also donated health care items. We again have dessert angels and people and businesses throughout the year who help us provide a warm, inviting, social place for the community. THANK YOU ALL and Happy New Year.



Wednesdays, 11 a.m.-1 p.m. Dine in, take out or free delivery.

Jan. 8: Chili con carne, cornbread

Jan. 15: Meatball subs, pasta salad

<u>Jan. 22:</u> Turkey soup, grilled cheese sandwiches Don't these all sound great for cold January days?!

# Lookin' for Love

By Cathy Bailey

If you'd like to adopt any of the pets pictured here, please complete an adoption application here.

Unless otherwise specified, all dogs are house trained, vaccinations up to date, and thev are spayed/neutered and microchipped.



Noelle! Meet is Yellow Lab/Retriever mix and is known for being affectionate, friendly, gentle, playful, quiet and smart. She is good in a home with other dogs, cats and children. Noelle is a young, happy puppy, who is very

intelligent. She enjoys playing with other dogs. She doesn't bark, chew, nip, or get into anything! She'd be happy to sleep right next to you and not make a peep all night! She was found in the mountains of Puerto Rico along with her sister Holly. They were rescued when they ran in front of a vet tech's car and were almost killed. They were then fostered in Puerto Rico. We would like to see Noelle adopted with her sister Holly, if possible. But they can be adopted separately as long as there's another dog in the family to play with and learn from. This sweet, little puppy is five months old and weighs just 15 pounds. She'll likely remain under 40 pounds as an adult.



Meet Holly! She is a Yellow Lab/Retriever mix and her story is the same as her sister, Noelle. We would like to see Holly adopted with her sister, if possible. This sweet, little puppy is five months old and weighs just 13

pounds. She'll likely remain under 40 pounds as an adult.

Meet Mitchell! He is a Black Lab/Retriever mix and known for being affectionate, athletic, curious, friendly, playful, quiet, and smart. He is good in a home with other dogs and children. Mitchell is a beautiful, happy boy who is



eager to please, and wants nothing more than your attention and affection. He's a wonderful, goofy pup, who absolutely loves all people. He is crate trained and housetrained. This beautiful boy is treat motivated, and super smart. He knows "sit" and is eager to learn more commands. Mitchell is about nine months old, and weighs 48 pounds. He is now in New Hampshire and available for adoption.

For more information on these and other dogs visit the website.





Monday, January 27, 2025 1 - 2 p.m.

Hand in Hand Senior Center 33 N. Stark Highway, Weare

All of us have probably experienced occasional episodes of forgetfulness, however there are differences between typical age-related forgetfulness and dementia-related illness. Find out if forgetfulness is a natural part of aging or something you can improve. Learn how to keep your brain and your memory in shape.

Registration is not required.



# **Tell Us About: New Beginnings!**

What new endeavors do you plan to start this year? Is there a New Year's

resolution from the past that changed your life? Are you working on acquiring a new skill?



# **Looking for Something to Do?** Compiled by Sharon Czarnecki



### AG Paintball

603-529/-3524 www.agpaintball.com

1/11 & 1/12 \* Walk On Play & Low Impact Walk on Play also 1/18 & 1/19 (Registration required.)



56 Mt. Vernon St. Milford (603) 672-1002 38 https://amatocenter.org

1/25 \* 7 p.m. Jimmy Dunn Comedy 18 +



**Capitol Center for the Arts** 603) 225-1111

www.ccanh.com

Bank of NH Stage 16 S. Main St \* Concord

**1/17** \* 8 p.m. Modern Fools w/ special guests

Slim Volume and Rachel Berlin

**1/19** \* 3:30 p.m. Swing Dance Night

featuring NH Jazz Orchestra

1/23 \* 7:30 p.m. Johnny Hoy & The Bluefish

featuring Delanie Pickering

Chubb Theatre 44 S. Main St \* Concord \* NH

**1/17** \* 7 p.m., **1/18** \* 1 p.m. & 7 p.m. Annie **1/22** \* 8 p.m. Sarah Silverman

**1/23** \* 7:30 p.m. Now & Forever

A Celebration of Carole King

1/24 \* 8 p.m. Dirty Deeds: AC/DC Experience



## **Concord City Auditorium**

2 Prince St, Concord

(603) 228-2793 www.theaudi.org

1/19 \* 3 p.m. New England Petite Pageant



#### **Currier Museum of Art**

150 Ash St. Manchester

603-669-6144 <u>www.currier.org</u>

# **NOTE: Our library has discount passes!**

**EXHIBITS** 

Until 1/12 "Construction & Color" Olga de Amaral

Until 2/2 "Impressions of the Human Spirit" Dan Dailey

Until 2/23 "A Distant Conversation" Jean-Michel

Basquiat & Ouattara Watts.

Until 2/28 "Legend of the Poinsettia" Tomie dePaola

**1/15 & 1/22** \* 1 p.m. Conversations from Home

Zoom discussion about art (Reg. Req.)

1/20 \* 10a.m.-5 p.m. Martin Luther King Jr. Day

Celebration of Black Artists

<u>Classes and Workshops</u> Registration required. See website. Cost range is \$150 to \$375 for non-members. Start dates for classes vary.

<u>Scholarships</u> – full or partial tuition on a needs basis



## **Fuller Public Library**

29 School St. Hillsborough

603.464.3595 <u>www.fullerlibrary.info</u>

See website for listings at the library and at:

Grapevine Center \* 4 Aiken St. \* Antrim

Project Genesis 7 School St \* Hillsboro

Hillsboro Methodist Church 16 Henniker St. \* Hillsboro Bradford Cntr Meeting Hse 18 Rowe Mt Rd \* Bradford Smith Cong. Church \* 30 West Main St. \* Hillsboro



# **Hampshire Hills Athletic Club**

50 Emerson Rd Milford

603-673-7123 www.hampshirehills.com

**1/11 & 1/18** \* 11 a.m. - 12:15 p.m. 8-week Yoga Practice with Amelia

1/11 \* 8 a.m. - 11:30 a.m. Group Fitness Launch Party

1/12 \* 11 a.m. - 1 p.m. Yin Yoga Sound Bath with Amelia

1/17 \* 5:30 p.m. - 8:30 p.m. Parents' Night Out -

Drop your kids and enjoy the evening.

**1/19** \* 11:45 a.m. Somatic Breathing with Jason Fiore

Reservations and registration required



# **Henniker Brewing Co.**

129 Centervale Rd., Henniker

(603) 428-3579 www.hennikerbrewing.com

# (Food for purchase in red)

**1/9** \* 6-8 p.m. Trivia

1/11 \* 12-6 p.m. Waffle Donut Wagon \* 3-5 p.m. Music: Ben Harris

**1/15** \* 4-8 p.m. Teenie Wienies

**1/16** \* 6-8 p.m. Trivia

\* 5:30 p.m.

1/17 \* 6-8 p.m. Flannel Friday 90's Night

Beers For Betty Fundraiser (\$1/ pint to SPCA)

Disc Golf Putting League

\* 4-8 p.m. Music: Chasing Ghosts (90's covers)

#### Teenie Wienies

**1/18** \* 3-5 p.m. Music: Chuck Melchin \* 1-4 p.m. Iberian Empanadas

**1/19** \* 1-4 p.m. Iberian Empanadas **1/22** \* 4-8 p.m. Teenie Wienies

\* 5:30 p.m. Disc Golf Putting League

**1/23** \* 6-8 p.m. Trivia

1/24 \* 1-7 p.m. Sicilian Street Chef

**1/25** \* 4-8 p.m. Lion's Club Christmas Tree Bonfire

\* 12-7 p.m. Sicilian Street Chef \* 3-5 p.m. Music: David Rous



# **Hillsboro Moose Lodge**

15 School St Hillsboro 603-464-6024

Facebook

**1/12, 19, & 26** \* 12:30 p.m. Cribbage



# **Majestic Theatre**

880 Page Street \* Manchester

(603) 669-7469 www.majestictheatre.net

**Studio Theatre** 880 Page Street \* Manchester **1/11** \* 7 p.m. British Invasion II - Music

Derry Opera House 29 W Broadway, Derry

1/24 \* 7 p.m. Beauty and the Beast - Play



2 Institute Drive, Concord (603) 271-7827x113 www.starhop.com

**1/18 \* 11 a.m.** Space is Big – Understanding the Scale Ages 9-14 with adult. Reg. req.

**1/20** \* 10:30 a.m.-4 p.m. IMAP discovery day



### NH Audubon

84 Silk Farm Rd., Concord

602-224-9909 <u>NHaudubon.org</u>

The McLane Center 84 Silk Farm Road \* Concord

1/15 \* 10 a.m. All About Seeds: Navigating Catalogues and Purchasing Seeds



(603) 668-5588 www.palacetheatre.org/calendar

For date ranges, see website for details & tickets
Main Stage – 80 Hanover St. Manchester

**1/11** \* 11 a.m., 3 p.m., 7 p.m. Recycled Percussion

also **1/12** \* 1 p.m. & 4:30 p.m.

**1/17** \* 7:30 p.m. Piano Men - Music

also 1/18 \* 2 p.m. & 7:30 p.m.

also 1/19 \* 2 p.m. / also 1/24 \* 7 p.m.

Rex Theatre - 23 Amherst St. Manchester

1/11 \* 7:30 p.m. Prince/Bowie Tribute Band

1/12 \* 2 p.m. Good Looking "Hank" & His Cowboy

Drifters - Tribute to Hank Williams, Sr.

1/14 \* 7 p.m. Close Enemies

Featuring Tom Hamilton of Aerosmith

**1/16** \* 7:30 p.m. 603 Songwriters in the Round

1/17 \* 8 p.m. Elias Kacavas & the Vanity - Rock Music

1/18 \* 7:30 p.m. Van Halen All Era Tribute with

Cathedral

1/22 \* 6:30 p.m. Dead Air - murder mystery - fundraiser

for Mental Health Center of Manchester

1/23 \* 7:30 p.m. An Evening with Steve Forbert - Music

1/24 \* 7:30 p.m. Magician's Guild Presents:

Good Charlatan starring Ben Seidman



#### Pat's Peak

686 Flanders Road, Henniker 603-428-3245 www.patspeak.com

**1/12** \* 9:30 a.m. - 2:30 p.m. Macomber Cup Race **1/20** \* 4 - 9 p.m. Diversity Day Goes POP



# **Poetry Readings**

For our interested poets:

First Unitarian Universalist Society of Exeter 12 Elm St www.exeteruu.org 603-772-4002

See website for events.

Frost Farm Poetry 122 Rockingham Rd \* Derry www.frostfarmpoetry.org 603-432-309/1

See website for events.

Bookery Manchester \* 844 Elm Street www.bookerymht.com/open-mic-night

603 836-6600



200 Bedford \* St. Manchester (603) 669-0400 Website

Mon – Fri \* 10 to 4 / Sat & Sun \* 10 to 5

**NOTE: Our library has discount passes!** 

**Seacoast Science Center Odiorne Point State Park** 

Month of January / Wed-Sunday / 10 a.m. – 4 p.m. Free admission – Bring your See Science membership card

Charle David to a FOO Communication - Manager and a second

Stark Brewing 500 Commercial St., Manchester

1/14 \* 6 p.m. Science on Tap: Extinction Here & There -

## Manchester City Library 405 Pine St. Manch.

1/15 \* 10 a.m. Story Time Science – ages 2-6 "Ricky, the Rock that Couldn't Roll" - Reg. req.



Southern NH University Arena

555 Elm St. Manchester 603-644-5000

www.snhuarena.com/events

**1/11** \* 10:30 a.m., 2:30 p.m. & 6:30 p.m. Disney on Ice - Mickey's Search Party

also 1/12 \* 11 a.m. & 3 p.m.

1/15 \* 7:30 p.m. Dancing with the Stars Live 2025



23 Science Center Road

Holderness, NH (603) 968-7194

www.nhnature.org

# **NOTE: Our library has discount passes!**

1/11 \* 10-11:30 a.m. / 1-2:30 p.m. Wild Winter Walks Ages 7 & up with adult. Dress warm. Reg. req.

Walter's Basin Restaurant 859 US-3 Holderness

1/14 \* 6 p.m. "Big Night Migration" How to Help



# **White Birch Community Center**

51 Hall Ave \* Henniker

(603) 428-7860 <u>Weekly Newsletter</u>

Programs are FREE unless listed in **blue**. Please RSVP rustvg@whitebirchcc.org.

19 \* 1-2:30 p.m. Create Your Own Painting

 1/13, 16 \* 10 a.m.
 Bone Builders

 1/14, 17, 21 & 23 \* 9:30 a.m.
 Bone Builders

 1/17 & 24 \* 1 p.m.
 Cribbage

 1/13, 15 & 22 \* 1 p.m.
 Bridge

**1/14 & 21** \* 10:45 a.m. Gentle Chair Yoga

**1/14 & 21** \* 11 a.m. Game Hour **1/14 & 21** \* 1 p.m. Mah Jongg

1/1 & 22 \* 8:30 a.m.Tai Chi – strength & balance1/15 & 22 \* 10 a.m.Knit Wits knitting group1/16 & 23 \* 8:45 a.m.Gentle Chair Yoga1/8 \* 10:30 a.m.-2:30 p.m.Creative Handworkers

**1/8 \*** 1-2 p.m. Team Trivia **1/16 \*** 11 a.m.-Noon Estate Planning

w/attorney Deb Urbaitis

**1/16** \* 12:30-2:30 p.m. CPR & First Aid for Seniors

w/ EMT Woodie French

1/21 \* 1 p.m. MOVIE "Regan"
1/23 \* 1 p.m. Cornerstone Quilters
Beginning quilting group

**1/28** \* 11 a.m.-12:15 p.m. Dominoes



Tai Ji Quan is a 24-week program that targets improving stability, balance, coordination and mental wellbeing using gentle, progressive movements based on traditional Tai Chi forms. This evidence-based program has been shown to reduce the risk of falling, improve muscle strength, flexibility, increase confidence and overall well being. All levels are welcome, and we can accommodate individuals needing assistance with walking, such as with the use of a cane.

### Classes meet twice a week at Hand in Hand Tuesdays/Thursdays at 8:45am-9:45am and classes start January 7th. Call Hand in Hand to sign up today!







We want to thank Emily Bird at the Department of Health and Human Services for her assistance for this grant as well as Dawna Pidgeon for her continued assistance and support!

# Letter to the Editor

My daughter Makaylah Albers, a fourth grader at Weare Middle School, is concerned about children who are sick and



in the hospital during Christmas having, and being able to open, gifts on Christmas day. She chose to donate toys like mini bead maze roller coasters, pop-its, handheld water ring games, mini Connect 4, Christmas coloring books, crayons, Color Wonder mess-free activity pads and LCD erasable electronic writing tablets to the

Child Life Program at Elliot Hospital.

The Child Life program offers services to children, such as developmentally appropriate preparation for tests, surgeries, and other medical procedures using therapeutic language, play and education; therapeutic medical play using special dolls, stuffed animals, and medical equipment; helping children and families cope during medical procedures by using techniques such as deep breathing, guided imagery, and distraction; providing opportunities for play in the hospital setting by offering developmentally appropriate toys, games, and expressive art activities to promote normalization and coping with the hospital environment. It also provides co-treatment with music therapy; coordination of special events, holiday celebrations, and donations; coordination and supervision of Child Life volunteer program and pet therapy; and support for siblings and children of adult

This is Makaylah's second year donating toys to the Child Life Program at Elliot Hospital. She has such a beautiful heart. -Stephanie Albers



# POETRY CORNER

# **Naughty or Nice**

Adult behavior mirrors kids this time of year, politeness exhibited most of the time, people smile, say please, thank you, let you go ahead of them, or not, there is always a grinch, who shoves, pushes, frowns, expresses displeasure, strangers say hello, wish you happy holidays.

-Marge Burke

# Mark Your Calendar

# Wednesday, Jan. 8

7 p.m. - Conservation Commission meeting 7 p.m. - Weare Democrats meeting

#### Thursday, Jan. 9

7 p.m. - Planning Board meeting

### Friday, Jan. 10

6 p.m. - John Stark School Board meeting 6:30 p.m. - Cemetery Advisory Committee meeting

### Monday, Jan. 13

6:30 p.m. - Board of Selectmen meeting

### Tuesday, Jan. 14

6 p.m. - Finance Committee meeting

#### Wednesday, Jan. 15

3-6 p.m. - Cemetery Advisory Committee work session 6 p.m. - Weare School Board meeting 7:30 p.m. - Cable Committee meeting

# Thursday, Jan. 16

3:45 p.m. - Trustees of the Trust Funds meeting 6 p.m. - Ethics Committee meeting

## Friday, Jan. 17

11 a.m. - Weare Area Writers Guild meeting

## Monday, Jan. 20

6:30 p.m. - Board of Selectmen meeting